



# Manna Messenger

A Publication of Feed My People

September/October 2012

## FEED MY PEOPLE

A Christian  
Interdenominational  
help center showing God's  
love and compassion  
for His people in need.

### South County Office

171 Kingston Drive  
St. Louis, MO 63125  
(314) 631-4900  
Fax (314) 631-7930

### High Ridge Office

3295 Ottomeyer Road  
High Ridge, MO 63049  
(636) 677-9885  
Fax (636) 677-8691

### Web Site

<http://www.Feed-My-People.org>

### E-mail

[fmphelp@earthlink.net](mailto:fmphelp@earthlink.net)

### Directors

John & Carol DeGuire

### Editor

Carol DeGuire

### Programs

Emergency and long term  
food help

Energy Assistance

Medical and Transportation  
Financial Assistance

Weatherization Materials

Fan/Heater Program

Counselling/Referrals

Job Assistance

Clothing Assistance

Home Visitation Program

Advocacy

Adopt-a-Family and  
Giving Tree Programs at  
Christmas

Low-Cost Thrift Stores

Spring Seeds Program

Smoke Detectors

Computer Literacy

Affordable Housing



## WE NEED YOUR HELP!!!

The 2012 Manna March Walk for Hunger will be our largest fundraiser of the year and a great opportunity to get involved as the funds generated from the walk go a long way in helping us continue our mission for the remainder of the year. That is why your involvement is essential to our continued success in this community. By walking, joining a walking group, becoming a virtual walker or by being a sponsor, you are allowing us to continue to help those in need. Times are tough and our client list is growing and this is your chance to make a difference. Did you know that we serve about 10,000 clients a month? That is an all time high. Did you know that we gave out almost \$4 million in food assistance last year? We are at a pivotal juncture and your participation in our Manna March Walk for Hunger is more important this year than ever before. Follow God's prompting and meet us at the finish line. One step at a time we can stamp out hunger and help those less fortunate.

Many of our partner churches have formed walking groups. Please contact your churches walking Group Coordinator listed below to join that team. If your church is not listed below, please call Roy Wunsch, Walking Group Coordinator at 314-631-4900 and find out how you can participate. If you're able to walk join us Sunday September 30, 2012 from 1-3 pm at Jefferson Barracks Park. If you are not able to walk, become a virtual walker.

Your help with this event is extremely important. Please be a part of this exciting opportunity to help your neighbors. We are counting on your support. Please do not put us in the position of saying no, and turning away those in need. Join us at the 2012 Manna March For Hunger benefiting Feed My People.

Advent Episcopal - Sally Difani

Afton Christian - Sue LeBaube

Bethesda Evangelical - Gale Rose

Concordia Lutheran - Howard Coudle

Cornerstone Comm. Ch. of God - Sandy Miller

Faith Lutheran - Jason & Kathy Lenz

Garden of Life Spiritual Center - Pat Mezanec

Good Shephard Presbyterian - Bill Sutton

Unity Church of Peace - Ann Corrigan

Holy Trinity Lutheran - Curt Kohring

Hope Lutheran - Kathy Gustavison

Luth. Ch. of the Resurrection - Debbie Waldrop

St. Bernadette Catholic - Mary Prost

St. Luke's United Methodist - Sally Dehner

St. Margaret Mary Alacoque Catholic - Ed Kovarik

St. Phillip's UCC - Sandy Stevenson

So. Co. Church of Nazarene - Larry Thompson

## Food Supplies Remain Slim

Having enough food on hand is always a big challenge during the summer. This year we've been challenged since January to have enough food on hand. Thank God for all of you who have done special collections for us this summer or helped us with our door-to-door food drive in June or who took our barrels and had a Freedom from Hunger food drive in July or are contributing each month at the Meal-A-Month food collections at your churches. Because of your efforts we have not run out of canned foods this year (we have been down to a one-day supply a few times, though).

Please keep us in your prayers and continue to collect food or send funds for the many people who depend on us to survive. Thanks and God bless you for caring. Carol and John DeGuire, co-founders



## Thanks for Caring!

Many donors do not realize the impact their contributions make to our clients. Several cases come to mind. One particular one occurred last year when a husband of 3 children broke his back and consequently lost his job, insurance, home, and automobile. His wife then was diagnosed with C.O.P.D., and has been trying to find any type of job she can while trying to take care of everyone else in the family. So far she is helping a woman with M.S. and making a small salary. She told me that if it wasn't for the generosity of Feed My People, her family would not be eating nor have school supplies, shoe certificates, and clothing. We have been her "Angels of Mercy".

Another very touching story has been unfolding for the past 4 years. A man was diagnosed with Black Lung and was coping with this when his mid-thirty year old daughter was diagnosed with terminal cancer. This gentleman then moved into her home to help with his 16 year old grandchild living with Downs Syndrome. His health continued to deteriorate so quickly, that he suffered a stroke and his oldest grandchildren moved in to take care of him. His daughter is now in the last stages of cancer and he just died last month. Our interviewers continually talked to him and listened to him as well as comforted him. We are now trying to help this family cope with everything, and continue to feed them and listen to their story and especially lead them to the right places to get other help. The husband is working two part-time jobs to try to pay the bills and the enormous hospital bills. Many of us cried when we heard one of our favorite clients had died. After he received his gifts from the Adopt-A-Family Program, he would cry and keep saying "I have been so blessed by the generosity of your donors, and I will never be able to repay them for helping me through these difficult times."

These are just a few of the many catastrophes your monetary contributions are used for. A big thank you goes out to each and every one of you daily by our clients - you just don't know it.

## ENDING HUNGER ONE STEP AT A TIME CROP HUNGER WALK

St. Louis Metro Crop Hunger Walk  
South County Walk  
Sunday, September 23  
Clydesdale County Park  
9436 Green Park Road  
12:30 - 2:00 registration  
walk after you register

Donate can goods for "Feed My People" for a hot dog before you walk

To participate or to donate to the St. Louis Metro Crop Hunger Walk, go to our website <http://www.cropwalkonline.org/stlouismetromo> or contact Jon Hicks at (314) 616-9308 or sending email to [hless03@att.net](mailto:hless03@att.net)

### Fourth Annual Will Work for Food Fundraiser for Feed My People

Sponsored by

- Silent Auction • 50/50 Raffle
- Poker Tournament • Cake Walk • Balloon Pops



Saturday, September 15, 2012  
1 p.m. - 6 p.m.



1005 Majestic Drive  
Fenton, MO 63026

## OOPS!

We apologize to SERTOMA (whose name means SERvice TO MAnkind), a civic organization which has been supportive to Feed My People for many years. They partnered with us on the picnic for our clients living in the apartments on Kingston which we talked about in the last Manna Messenger, providing all of the food and at least half of the volunteers for that event. As a result we were able to expand the picnic from the 48 units in which we are the primary partner to all 177 low-income units. Thanks, SERTOMA, for your help on this successful event.

## The Thrifty Hanger Report Fall 2012

With the kids back to school and hopefully, the heat starting to take a back seat and ushering in cooler temps, now is the perfect time to start thinking toward the upcoming holiday season. The thrift stores at Feed My People are the one stop destination for everything from previously loved Halloween costumes and decorations, fall home décor and fashions for the family and a complete assortment of gift giving ideas.

Roy Wunsch, Thrift Store Manager said "now is the perfect time to stock up and prepare for cooler temps and get a jump start on the holidays." He continues "our Halloween shops will be set up in both stores around September 20<sup>th</sup>, and there will be Spooktacular Savings throughout the store during this time."

We accept Mastercard and Visa debit and credit cards at both locations and the Lemay thrift store is open until 7 p.m. on Thursdays, and we are also open to the public. We also have gift certificates in any denomination and these are perfect companions to the Adopt-A-Family baskets.

## 2013 Entertainment Books

Entertainment Books are available now at both locations. This is a good way to save money and help us at the same time. They also make great gifts so think "Christmas". If you can't get in to either location, you can order them online and we will still get credit for the sale. Go to [www.entertainment.com/support](http://www.entertainment.com/support). Enter our group account number which is 114856, and your zip code. You can also view all the discounts from that page. Unfortunately, there will be a \$5 shipping charge, but you will save on gas.

### Manna Messenger Via Email?

If you're interested in getting the Messenger by email, it will help us save postage and printing costs. Send your email address to [ginny\\_macrum@feed-my-people.com](mailto:ginny_macrum@feed-my-people.com). Thank you to everyone who has responded so far!



### Volunteers Needed

Volunteers are the backbone of Feed My People. We have many opportunities and have the need for enthusiastic people who would like to serve and make a difference in the lives of those who are so in need. If you are interested in volunteering at Feed My People, give us a call . . . Ted West at 314-631-4900 or Ann or Mary at our High Ridge location at 636-677-9885. We would love to talk to you!

### Tributes

Beutel Grandchildren  
Charles Block  
    Birthday  
Marge Boehmler  
    90<sup>th</sup> Birthday  
Gina M. Corley  
Roberta & Tom David  
    Birthdays  
Harriet Fehlmann  
    95<sup>th</sup> Birthday  
Ken & Jeanette Haller  
    50<sup>th</sup> Anniversary  
Anthony Hornsberger  
Ruth Kimmich  
    90<sup>th</sup> Birthday

Edward Klages  
Hilmar Lohmann  
    95<sup>th</sup> Birthday  
Jack & Janet McLard  
    55<sup>th</sup> Anniversary  
Don & Joan Morrison  
    55<sup>th</sup> Anniversary  
Rodney & Mary Thompson  
Rachel Uzzle  
    High School Graduation  
Pat Vaeth  
    70<sup>th</sup> Birthday  
Ginny White  
    Birthday

### 2012 Christmas Programs

Our Adopt-A-Family Christmas Basket Program includes canned goods, non-perishable groceries, miscellaneous items and a grocery gift certificate (to purchase perishable items such as meats, vegetables and dairy products). As a donor of this program, you will be assigned a specific family or families you would like to help this holiday season. A letter will be sent to you with family information and a date/location for drop-off (please check location best for you), and your adopted family will pick them up the next day. This year we have more multi-generational families in one home and elderly individuals. We have set our goal high this year because we have more families in need than ever before. Will you help us bring joy to a family in need this Christmas season?

Giving Tree is a simple program that centers on the "Tree of Giving". Individuals purchase new "gifts" such as toys, games, clothing or what YOU would like to buy for someone else in this Christmas season. We have all ages from newborn to elderly and every size and likes imaginable. Gifts are delivered to either office of Feed My People after the Thanksgiving Holiday to be sorted and when we have enough gift items we open the "Giving Tree Room" to our clients to choose from the new and unwrapped gifts that best will suit their family members. This program also, needs volunteers, so if you have extra time, please call our Volunteer Office to schedule a date so you can give your gift of time!

Please fill out the form and return to us to participate in either program

Please Return no later than November 16, 2012

Mail to: Feed My People – Adopt-A-Family Program or Giving Tree Program  
171 Kingston Drive                      Fax (314)631-7930  
St. Louis, MO 63125

Check which program you would like to participate in and more information will be sent to you.

- Adopt-A-Family                       Giving Tree

Please Print

Name \_\_\_\_\_ Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Fax # \_\_\_\_\_

E-mail \_\_\_\_\_

Contact Person & Ph. # (if group, church or organization) \_\_\_\_\_

Please indicate what size family/families you would like to help for Adopt-A-Family only

Please indicate what you would prefer on these statements:

- The size family/families you would like to help:  Any size                       1 to 4 people                       5 or more  
 I would like to give food only                       I would like to give gifts & food  
 I would like to adopt one elderly person                       I would like to help a multi-generational family  
 Total Number of Families

Drop-off site preference:

- St. Matthias Hall                       High Ridge – To be announced

## Memorials

Thomas Alvino  
 Arthur A. Arras  
 Dwain Baltz  
 Sandra Berra  
 Phyllis Blise  
 Kristen Blaha  
 Bernard Block  
 Shirley Block  
 Katherine Bopp  
 Norman Brayfogle  
 Uncle  
 Virginia Briggs  
 Helen Brommer  
 DeLura M. Brumett  
 Anne M. Buchheit  
 Ed & Anne Burdett  
 Brad Carson  
 Joynce E (J.C.) Carverton  
 Allen Christmann  
 George W. Clark  
 Neal Cook  
 Linda Curry  
 Benjamin C. Downs

Gary Goelzhauser  
 Josephine Goelzhauser  
 William Goelzhauser  
 Ray & Dorothy Goodhart  
 Anita Henderson  
 Dolores Henderson  
 Evelyn Henderson  
 Richard Henderson  
 Edward & Norma Huxhold  
 Gary Imo  
 Jim Jeannelle  
 Frank Kickham  
 Marjorie Kuhlmann  
 John J. Larsen Sr.  
 Jeanette Lohman  
 Irene Luecke  
 Mary R. Martin  
 Violet McManness  
 Rita Moll  
 Delores Nolke  
 Robert Perkins  
 Anna Mae Powers

Betty Pritchett  
 Tom & Vera Reichert  
 Vernon A. Schneider  
 Rose Schenk  
 Earl L. Schmidt  
 Mary Schumm  
 Richard J. Scheweppe  
 Irene Seper  
 Joseph Serra  
 John Sieber  
 Mark Stratmann  
 "Barb" Straub  
 Dad & Sandy Taylor  
 Mary Catherine Toomey  
 Henry & Rose Von Rohr  
 Audrey Walsh  
 Amatus Westrich  
 Barbara Westrich  
 Mary Westrich  
 Philip Westrich  
 Bernice Wiethop

### In Loving Memory

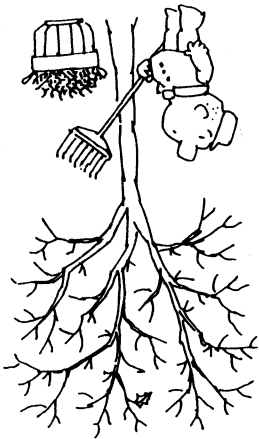
We remember those who joined our Lord.

**Wilma Luster**, July 26, 2012, 23 years in our South County Thrift Store.

**Rhonda Conrad**, August 1, 2012, Cashier and Thrift Store in South County

**Rose A. D'Alessandro**, July 10, 2012, former South County Interviewer – Job Counselor on Wednesdays.

We remember these true and faithful servants of the Lord, who will always be a part of the Feed My People Family.



RETURN SERVICE REQUESTED

St. Louis, Missouri 63125-2932

171 Kingston Drive

**FEED MY PEOPLE**

NON-PROFIT ORG.  
 U.S. Postage  
**PAID**  
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