



# Manna Messenger

A Publication of Feed My People

March/April 2013

## FEED MY PEOPLE

A Christian  
Interdenominational  
help center showing God's  
love and compassion  
for His people in need.

### South County Office

171 Kingston Drive  
St. Louis, MO 63125  
(314) 631-4900  
Fax (314) 631-7930

### High Ridge Office

3295 Ottomeyer Road  
High Ridge, MO 63049  
(636) 677-9885  
Fax (636) 677-8691

### Web Site

<http://www.Feed-My-People.org>

### E-mail

[fmphelp@earthlink.net](mailto:fmphelp@earthlink.net)

### Directors

John & Carol DeGuire

### Editor

Carol DeGuire

### Programs

Emergency and long term  
food help

Energy Assistance

Medical and Transportation  
Financial Assistance

Weatherization Materials

Fan/Heater Program

Counselling/Referrals

Job Assistance

Clothing Assistance

Home Visitation Program

Advocacy

Adopt-a-Family and  
Giving Tree Programs at  
Christmas

Low-Cost Thrift Stores

Spring Seeds Program

Smoke Detectors

Computer Literacy

Affordable Housing



## HAPPY EASTER... HAPPY SPRING!!!



Jesus died for us and then he rose again! He loves us that much! When you think about it – this is the same love we feel for our own children, only far greater. We hope you are celebrating Christ now and reflecting on what he has given us, and through him, what you have given to your neighbors in their dark time of need . . . Hope! Have a Very Blessed Easter!

## Easter Baskets for Kids

**Sponsored by ORCC Off – Road Camping Club**

We will be in the Fenton Walmart parking from 9 am to 5 pm on Saturday, March 23<sup>rd</sup> where we will be collecting Easter Baskets for kids, and food for families, through donations that people drop off. There will be live music, raffles, and ORCC will be giving away a lot of prizes. Make sure to come out and join us for a fun day!

## CORRECTION

The date of our Ribbon Cutting and Open House of our new Façade at the Lemay Facility has been changed to Sunday, May 5<sup>th</sup>. Please mark your calendars for this very special event with the dedication and ribbon cutting featuring our county supervisor Charles Dooley and other county officials at 3 pm followed by an Open House, tour and reception.

## Thanks to your help, we see God in everyday miracles!

Your donations make a difference. On any given day in our thrift stores, we see God in everyday miracles that most of us take for granted. Our clients, many of whom we see on a daily basis in our stores, are often dealing with life's difficulties and find a friendly face and a smile when they arrive in our stores. But, in more cases than not, our clients are finding the simple treasures in our aisles as priceless and much needed gifts from the silent donors who give so selflessly so that others can benefit.

Most recently, a regular client suffering from a series of health issues found shoes that he desperately needed. You could see the look on his face at the relief of finding something he needed. When he got up to the register and began sharing his story, the customer in front of him stopped to listen, and paid for his shoes in a humble act of good will. These random acts of kindness are a gentle reminder of God's mercy being done at just the right time.

A few weeks ago a long-time client who had suffered a knee injury was searching for a shower chair and earlier that day, an anonymous donor dropped off a trunk load of medical supplies that included a shower chair. This is just another example of seeing God, in everyday miracles.

Your donations to our food pantry and our thrift stores are changing people's lives for the better. Your continued support of Feed My People ensures that we will be watching for God in everyday miracles thanks, in part to your generosity.



## Food Needed

Feed My People is giving out \$3,776,000 in food annually between our two facilities serving 46,534 people. It is difficult to collect that much food and even more difficult in the summer when schools aren't in session, church attendance and civic organization activities are down because of people traveling and financial donations drop, making it harder to fill the food collection gaps with purchased food.

How can you help us have enough food to provide for hungry low or no-income families and individuals this year?

1. Organize the "Meal-A-Month" food collection at your church (we will provide the bags, suggested menus, information how to do this and even meet with any group at your church to help organize this). Call Carol or John DeGuire at 314 631-4900 or e-mail us at [fmphelp@earthlink.net](mailto:fmphelp@earthlink.net)
2. Organize a group (or participate yourself or with your family) to collect food door-to-door is south St. Louis County along with 100-200 other people on either or both of the first two Saturdays in June (June 1 & 8). The food collected will be divided between our two facilities. To help or to get more information, contact April Gunther at [fmphelp@earthlink.net](mailto:fmphelp@earthlink.net) or call her at 636 212-1615.

3. Organize a "Freedom from Hunger" food drive at your place of work or at a monthly meeting of an organization you belong to (we'll provide barrels, Freedom from Hunger flyers and other information for any business or organization). Contact Ted West at our St. Louis County facility at 314 631-4900 or e-mail at [deartedw@att.net](mailto:deartedw@att.net) or Mary Hetenhausen at our Jefferson County facility at 636 677-9885 or e-mail [atmarych1946@gmail.com](mailto:atmarych1946@gmail.com).
4. Plant an extra row in your vegetable garden this spring to donate fresh produce to Feed My People for your neighbors in need.

We really need your help with this. We can't do it without you. Thanks a lot.

## Annual Trivia Night – Coming Soon!

Remember to get your tickets for a night of fun

Friday, April 5<sup>th</sup>, 2013 @ 7:00 PM (doors open at 6 pm)

St. Margaret Mary Alacoque Church, 4900 Ringer Road – 63129

KMOX Legendary St. Louis Radio Personality, Johnny Rabbit, is Host and Announcer

Better than ever! \$20.00 Per Person

This year - - - Soft Drinks Included (Additional Cash Bar Available)

Special Carnival Themes Premium Tables \$300 for 8-10 people (includes soda, beer and wine)

1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place cash prizes, 50/50's and a wonderful silent and raffle auction.

Bring in canned goods for a chance to win a trip to Nashville (hotel, Opry tickets, and more)

1 canned good = 1 raffle ticket. The more cans you bring the better your chance to win.

Help us stock our food pantry.

Questions – call Carol or John DeGuire or Ginny Macrum at 314-631-4900

### Feed My People Trivia Night Registration Form

Friday, April 5<sup>th</sup> 2013 \$20.00 Per Person

Name \_\_\_\_\_ Tables (8-10 per table)

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Make Checks payable to: Feed My People (attn" Trivia Night)  
171 Kingston Drive, St. Louis, MO 63125

## Feinstien Challenge Grant

For the 16<sup>th</sup> straight year, the Alan Shawn Feinstein Foundation in Rhode Island is dividing \$1 million among food pantries throughout the country as a challenge grant to fight hunger. All donations we receive during the months of March and April will be substantially added to, so please donate at this time to increase your support. This generous philanthropist states, "That all that will matter to us someday is what we did while we were here to help those who needed us."

## Volunteers Needed

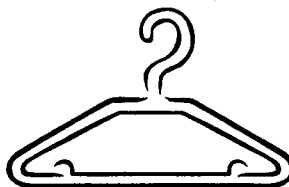
We invite you to join our dedicated group of volunteers who enjoy reaching out to those in need and showing GOD's love by volunteering.

Areas where we can use VOLUNTEERS are in our Thrift Store, Help Center and Food Pantry. If you enjoy getting up early, have your early morning coffee on us and become a Driver or Driver Assistant. These volunteers take our vehicles to our assigned grocery stores and businesses to pick up food donations for clients that day.

For more information, please call either office near you and ask for VOLUNTEER SERVICES!

## Manna Messenger Via E-Mail?

If you're interested in getting the Manna Messenger by email, it will help us save postage and printing costs. Send your email address to [ginny\\_macrum@feed-my-people.com](mailto:ginny_macrum@feed-my-people.com). Thank you to everyone who has responded so far!



## The Thrifty Hanger Report Spring 2013

The new year has proven to be the start of great things for the Thrift Stores at Feed My People. Our Lemay location will play host to the first annual Feed My People Bridal Fair on Saturday, April 27<sup>th</sup> from 1-4 pm. Come visit as our Lemay facility, in part, converts itself into a bridal themed event space with vendors that cater to brides-to-be and the Thrifty Hanger Bridal Salon is unveiled. Volunteers will be on hand to assist you in selecting previously loved wedding gowns, bridesmaid dresses, and attire for the mother of the bride/groom. Additionally other wedding related merchandise will be available. Roy Wunsch, our thrift stores manager said "every woman deserves to have a Cinderella moment on her wedding day." This is our way of helping those in our community who might not be able to afford something special to wear on their big day, the opportunity to have the fairy tale dress at a price much more easily swallowed.

Donations of previous loved gowns of all types continue to be solicited through our thrift stores donation centers. For more information contact Roy Wunsch at 314-631-4900

In addition to our Bridal Fair, look for special in-store promotions to honor Mother's Day and Father's Day and look for a very special event in

August. Back to School, Parents Night Out! will feature back to school shopping and refreshments for parents and they will be encouraged to bring their children as we will have a supervised kids zone in our conference room with crafts, games and kids refreshments.



## The Need for Seeds

Each spring our clients look forward to our annual SEED PROGRAM where they can select vegetable and flower seeds to plant. This is an excellent program where not only our clients can enjoy growing their own vegetables or enjoy pretty flowers but it gives our clients a chance to take control of what they are eating. Last year an elderly client said, "Planting these seeds makes me get outside and be active." A mother of four children said, "It gives the children something to take care of and be proud." One man said, "Stuff you get at the grocery store you don't know where it has been or what they did to it. I know what I did to my plants."

Seed distribution will begin at the end of March so please donate soon!



## *In Loving Memory*

We remember the following volunteers and staff who have joined Our Lord

- Elmer Purk** – January 3, 2013 – worked in the office
- Terry Lucas** – January 15, 2013 – worked as a driver in High Ridge
- Shirley Beeson** – February 3, 2013 – Long time volunteer and then became part of our staff in Finance and also served on our Board of Directors
- Carl Kuhn** – February 25, 2013 – worked at our Adopt-A-Family Program
- Marvin Zwick** – February 27, 2013 – worked in the Food Pantry

## Memorials

- Charles Askins
- Joan Baumgartner
- Shirley Beeson
- Allen Christmann
- Mary Davis
- Ken Ellis
- Keith Ellis
- Gordon Foote
- Donald Geders Sr.
- Ray & Dorothy Goodhart
- Don Hargis
- Joan Hoven
- Gary Imo
- Bob Kleba
- Jeannette Martin
- Kokins Martin
- Dorothy May
- Charles McKay
- Violet M. McManness

- Dolores J. Nerone
- Stan Novak
- Margaret Peters
- John Thomas Peterson
- Elmer J. Purk
- Robert J. Pytlinski
- Mary L. Reeg
- Tom & Vera Reichert
- Linda Robertson
- William Rodefeld
- Bill & Val Roelle
- John R. Ryan
- Marie Sandler
- David Schwartze
- John Sieber
- Judy Sorrels
- Mark Stratmann
- Russell Strohmeyer
- Harry & Rose Von Rohr
- Ralph Wasser

## Tributes

- Wes Kaetzel
- 100<sup>th</sup> Birthday
- Don & Linda Leggitt
- Bob & Mary Lou Mullen
- Wedding

## **Notice**

Feed My People will be closed:

- March 29 – Good Friday
- March 30 – Holy Saturday
- April 1 – Easter Monday

### **Memorial / Tribute Program**

Enclosed is my gift of \$ \_\_\_\_\_

In Memory of (Name) \_\_\_\_\_

In Honor of (Name) \_\_\_\_\_

(In Honor of Occasion) \_\_\_\_\_

Please send Name \_\_\_\_\_

Notifications to: Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

From: Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone: \_\_\_\_\_

I want to help hungry people in this area and to make a difference.

Enclosed is my donation of:

\$25  \$50  \$100  \$200  \$500  Other \_\_\_\_\_

- I am interested in volunteering at one of your two offices. Please send me information.
- I am interested in information adding Feed My People to my will/estate planning.
- I would like to make a monthly pledge of \$ \_\_\_\_\_. Please send a year's supply of return envelopes.
- Please send me information about how I can make automatic monthly donations.
- My group would like information on Feed My People and hunger in this area. Please call me at \_\_\_\_\_.