



# Manna Messenger

July/August 2013

A Publication of Feed My People

## FEED MY PEOPLE

A Christian  
Interdenominational  
help center showing God's  
love and compassion  
for His people in need.

### South County Office

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### Web Site

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### Directors

John & Carol DeGuire

### Editor

Carol DeGuire

### Programs

Emergency and long term  
food help

Energy Assistance

Medical and Transportation  
Financial Assistance

Weatherization Materials

Fan/Heater Program

Counselling/Referrals

Job Assistance

Clothing Assistance

Home Visitation Program

Advocacy

Adopt-a-Family and  
Giving Tree Programs at  
Christmas

Low-Cost Thrift Stores

Spring Seeds Program

Smoke Detectors

Computer Literacy

Affordable Housing

## Hunger Does Not Take a Vacation

Summer time is always a rough time for food pantries, because people are busy planning vacations and not thinking about the needy. With kids being home during the summer, they are not able to get free breakfasts and lunches at school. So it is left to the parents to provide three meals a day.

With as many people as we are seeing, our food supplies deplete quickly. If everyone did just a little to help us, it would make a big difference in the lives of many. So, when you're busy planning your summer vacations, don't forget those less fortunate and those that are in need.

Thanks and God Bless You!

John & Carol DeGuire, Co-Founders



## Meet Us At The Finish Line

### That's Where Making A Difference Begins

We have reached the point in the year where our financial donations and food collections drop significantly. Despite our best efforts, the Feed My People Food Drive was down. The weather, low number of volunteer supporters, compounded by a drop in financial resources hurt us. We are looking toward August and September when we will need to spend thousands to purchase food from wholesalers to meet the growing demands of our organization. At this point, we are in debt and that number could increase by the end of summer. We have cut our expenses to the point where further cuts could jeopardize our basic needs. **WE ARE ASKING FOR YOUR URGENT ASSISTANCE TO HELP US MEET OUR NEEDS.**

First, our biggest fundraiser of the year is approaching on Sunday, September 29. Our annual Manna March Walk for Hunger takes place at the beautiful Jefferson Barracks Park from 1-3 pm. Last year we raised a record \$28,000 and we hope to shatter that record with your help. You can help us exceed our goal by:

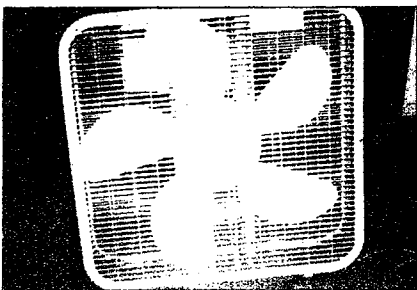
- 1) Forming a walking group or walk as an individual and raise money so that we can continue our client programs that strengthen our community and keep food on our pantry shelves. You can also honor a loved one by walking in their memory.
- 2) Become a virtual walker. This is a great way to support us when you cannot participate in person. Collect donations on our behalf, and we will post a virtual walker certificate at the event. You are there in spirit, which is really what matters most.
- 3) Get your company, organization or church group to become a corporate sponsor of the Manna March Walk for Hunger. Among the many added values of this opportunity your company logo or name can appear on our popular walk t-shirts. We have additional sponsorships at various other levels.

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To form a walking group, contact Roy Wunsch or for corporate sponsorships you can contact either Roy Wunsch or Gail Davis at 314-631-4900. Additional information is available on the web at [www.feed-my-people.org](http://www.feed-my-people.org).

The second way is to organize a Freedom From Hunger food drive in July, August or September at your church, business or organization. We will provide barrels, posters and flyers to promote your food drive. For more information contact Ted West at our Lemay location (314-631-4900) or Mary Hettenhausen at our High Ridge facility (636-677-9885).



## Fans/School Supplies

Feed My People does not have the funds to purchase these items this year. But if anyone would like to donate a box fan, or any school supplies, they would be greatly appreciated.

## Out of Difficulties

### Grow Miracles

We are reminded daily, how difficult life's journey is for the many clients seeking our assistance. Our clients face great obstacles, not just in feeding the mouths of their families, but in just coming to us for help. Recently, we had a visit from a man who was a former client. He stopped by to thank us for assisting him when no one would, and helping his mother as well. With tears in his eyes he told of living in his car, seeking shelter where he could find it and turning to Feed My People for food assistance when he had lost everything.

After praising our volunteers and our ministry for saving him when he had nowhere else to turn, he reached into his pocket and pulled out an envelope with \$500. He handed it to us and said "You helped me when I needed it most. I am off the streets and doing well, and want to pay it forward and help you". This humble man was now helping us and providing a miracle to others he will never meet by his kindness.

George Iles once said, "Hope is faith holding out its hand in the dark". Through this man's generous spirit, others will be fed during some of their darkest days. We are certain this humble servant's good spirit will give cause to others to pay it forward.

## Food Pantry Tax Credit

The State of Missouri did enact a Food Pantry Tax Credit again, retroactive to January 1, 2013. The forms aren't available yet but should be within the next couple of months. This credit covers cash and food donations.

## Volunteerism

We always welcome enthusiastic people who want to serve. If you are interested, call Ted West at 314-631-4900 or Ann Mantler or Mary Hettenhausen at 636-677-9885.

- A hundred times every day I remind myself that my inner and outer life are based on the labors of other men, in the same measure as I have received and am still receiving

– Albert Einstein

- When you cease to make a contribution, you begin to die

– Eleanor Roosevelt

- To keep a lamp burning we have to keep oil in it

– Mother Teresa

## Entertainment Books

They will be available  
in mid-August



## The Thrifty Hanger Report Summer 2013

Exciting announcements from our thrift stores. Join us for our semi-annual \$0.50 sale starting July 8/9 at both our locations. Almost everything in the store will be \$0.50 or less and this is a great chance to stock up and start thinking of back to school. Please note the sale does not include Yesterday's Treasures, pink and purple tagged items, electronics, and jewelry. No additional discounts or client cards allowed.

New this year at our Lemay location, Back To School Parents Night Out, a great event geared to draw parents to shop extra special discounts on Children's BTS Fashions. In addition, children are invited to attend the exciting Kid's Activity Zone with crafts and activities. Refreshments will be served. Be sure to join us Thursday, August 15 at our South County location from 4-8 pm.

Save the date for Bringing Fashion Into Action, the Fall & Holiday Fashion Show and Luncheon benefitting Feed My People. Saturday, November 9, at 11:00 am at St. Matthias Catholic Church. For more details see our website [www.feed-my-people.org](http://www.feed-my-people.org) or contact show director, Roy Wunsch at 314-631-4900. This exciting luncheon event is sure to be the highlight of our year and helping our neighbors in need never goes out of fashion.

If you would like to help with these events, please contact Roy Wunsch at 314-631-4900. As a reminder, our Thrift Stores are open to the public and all money goes back into helping with our programs.

## Support Feed My People At the Grocery Store

We sell grocery gift certificates for the following stores: Dierberg's and Shop-N-Save (we now have all cards – no paper coupons anymore)

- ☆ Costs you nothing
- ☆ We get 5%
- ☆ Helping is easy
- ☆ Sold at both offices

For information, contact Ginny Macrum or Ted West at 314-631-4900, or Ann Mantler or Mary Hettenhausen at 636-677-9885.

For Schnuck's shoppers, pick up a Schnuck's "E-scrip" card at the customer service desk, activate it online or by phone and then just have it swiped each time you shop. Schnuck's will contribute up to 3% of your purchase to Feed My People. If you already support an organization, you can designate Feed My People as a second organization (you are allowed up to four). Donations allow us to purchase much needed supplies for our Food Pantry.

### Mark Your Calendars for Important Dates Coming Up

(Look for more information  
to come)

- August 15** – Back to School Parent's Night Out – Lemay Facility
- Sept. 28** – Will Work for Food Fundraiser – Fenton
- Sept 29** – Manna March – Jefferson Barracks Park
- Oct. 13** – Crop Walk – Eden's Seminary (Webster Groves)
- Nov. 9** – Fashion Show and Luncheon



## Memorials

Lois Birrittieri  
 Gary Brueggman  
 Brad Carson  
 Anselm Cattoor  
 Mary R. Cawein (Aunt Buddy)  
 Allen Christmann  
 Betty Christopher  
 Neal Cook  
 Vernon Crecelius  
 Douglas C. Engle  
 Thomas Fogarty  
 Ray Gerritzen  
 Henry Gertmann  
 Ray & Dorothy Goodhart  
 Donna Hummel  
 Gregory Humphries  
 Edward & Norma Huxhold  
 Gary Imo  
 Judy King  
 Wanda Kopp  
 M. Kountzman  
 Dorothy & Carl Kuhn  
 Gina Long's Grandfather  
 Alan MacKeen  
 Marion, Sister to Jeanne Kelly  
 Arlene C. Post  
 Fern Roy  
 Grace Rudolph  
 Earl & Flo Schmidt  
 Richard Scheweppe  
 Donald J. Scribner

John Sieber  
 Robert & Rose Silies  
 Mark Stratmann  
 Helene B. Temme  
 Henry & Rose Von Rohr  
 Audrey Walsh  
 Bernice Wiethop  
 Edward Windsor  
 Sylvia Wood  
 Jerry Zellinger  
 Doris Zikes

## Tributes

Joe Arkes  
 70<sup>th</sup> Birthday  
 Mike & Kathy O'Reilly  
 50<sup>th</sup> Anniversary  
 Catherine Vonder Plugm  
 Retirement

### Manna Messenger Via E-Mail

If you're interested in getting the Manna Messenger by email, it will help us save postage and printing costs. Send your email address to [ginny\\_macrum@feed-my-people.com](mailto:ginny_macrum@feed-my-people.com).

Thanks to everyone who has responded so far!

### In Loving Memory

To honor those volunteers who have joined our Lord

**Carl Kuhn** – February 25, 2013

**Esther N. Shelton** – March 30, 2013

**Ernie Robbins** – May 8, 2013

**Rusty Harrison** – May 9, 2013

**Dortha Cowin** – December 4, 2012

**Kathleen M Frank** – May 15, 2013

They will truly be missed and will always remain in our hearts.

#### Memorial / Tribute Program

Enclosed is my gift of \$ \_\_\_\_\_

In Memory of (Name) \_\_\_\_\_

In Honor of (Name) \_\_\_\_\_

(In Honor of Occasion) \_\_\_\_\_

Please send Name \_\_\_\_\_

Notifications to: Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

From: Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone: \_\_\_\_\_

I want to help hungry people in this area and to make a difference.

Enclosed is my donation of:

\$25  \$50  \$100  \$200  \$500  Other \_\_\_\_\_

I am interested in volunteering at one of your two offices. Please send me information.

I am interested in information adding Feed My People to my will/estate planning.

I would like to make a monthly pledge of \$ \_\_\_\_\_. Please send a year's supply of return envelopes.

Please send me information about how I can make automatic monthly donations.

My group would like information on Feed My People and hunger in this area. Please call me at \_\_\_\_\_.