



Feed My People

A Christian Interdenominational Help Center showing God's love and compassion for His people in need.

South County Office
171 Kingston Drive
St. Louis, MO 63125
(314) 631-4900
Fax (314) 631-7930

High Ridge Office
3295 Ottomeyer Road
High Ridge, MO 63049
(636) 677-9885
Fax (636) 677-8691

Web Site
www.Feed-My-People.org

Email
fmphelp@earthlink.net

Directors
John & Carol DeGuire

Editor
Carol DeGuire

Programs

- Emergency & Longer-Term Food Help
- Adopt-A-Family & Giving Tree
- Advocacy
- Affordable Housing
- Circuit Breaker/Earned Income Credit
- Clothing Assistance
- Eldercare
- Energy Assistance
- Heaters-Blankets-Fans-Smoke Detectors
- Homeless Personal Care Kits
- Housing Rehab
- Job Counseling
- Layettes for Newborns
- Legal Referrals and Counseling
- Low-Cost Thrift Stores
- School Supplies/New Shoe Certificates
- Self-Help Center
- Spring Seeds Program
- Voter Registration
- Weatherization
- W.E.L.L. Program

You continue to make a BIG difference!

Year after year, the needs of our neighbors and community continue to rise. The economy is showing signs of recovery, but for those we serve it will continue to be problematic for years to come. This year you responded to our call for help and you made a difference in the lives of many. Your generosity has lifted the spirits of our clients and their words of appreciation continue to inspire us at Feed My People to continue to do all we can to help those in need.

Some of the heartfelt thanks we've received recently from our clients, "I'm 67 years old, I have MS, and haven't smiled in a long time. It's funny how strangers come in your life and make everything in me shine". Another gratitude letter said, "I want to say thank you so very much for everything you do for my family. This year has been very difficult for us. I have been diagnosed with some very serious medical issues, our boys are disabled and it's been hard in many ways. For Christmas this year we were adopted. They provided us with very much needed hygiene products and diapers, food and snacks for the kids. Words cannot express how grateful we are. God Bless all of you".

Perhaps one of the nicest thank you notes we received, thanks to your kindnesses said, in part, "Thank you for sharing your love of Christ with this solitary lady. I wish you had been there as the volunteers battled the elements that wintery day as they smiled big guns to totally pack the back seat of my caregivers car. They were so happy for me. Thank you from the bottom of my heart for being the arms of Christ for me".

From all of us at Feed My People, thank you for all you do to continue to provide for those who need it most. We are blessed to call you our giving family.

South County's Best Trivia Night

Friday, April 4th, 2014 @ 7:00 pm (doors open at 6:00 pm)

St. Margaret Mary Alacoque 4900 Ringer Road, 63129

Featuring **Legendary KMOX Radio Personality Johnny Rabbit**

Cash prizes for 1st, 2nd, & 3rd place, a fantastic silent & raffle auctions, 50/50's and more \$20.00 per person for tables of up to 10 (includes soda) + cash bar available
Special Themed Premium Tables - \$300.00 for up to 10 (includes beer, wine, soda and table server)

Special Canned Good Raffle -- One week stay at a Branson Condominium

One Can = One Ticket -- help us stock our pantry!!

Questions? Contact Carol or John DeGuire or Ginny Macrum

at 314-631-4900 fmphelp@earthlink.net

Feed My People Trivia Night Registration Form

Friday, April 4th, 2014 - \$20.00 per person (up to 10 per table) OR \$300 for Premium Table up to 10

Name _____ # of tickets/tables _____

Address _____ # of Premium Tables _____

Phone _____ email _____

Make checks payable to: Feed My People (Attn: Trivia Night), 171 Kingston Drive, St. Louis, MO 63125



Food Pantry Tax Credit

Good news for Feed My People (FMP) donors in Jefferson and St. Louis Counties. The Missouri legislature has approved the Food Pantry Tax Credit for 2013. To be eligible for the Credit, a taxpayer must have made a donation of cash and/or food supplies to a food pantry that distributes emergency food supplies to low-income people in the area the taxpayer claiming the tax credit resides. Each taxpayer may take a credit of 50 percent of their donations up to \$2,500 per taxpayer per year. Your credit may not exceed your tax liability.

To claim the credit you must include with your Missouri income tax either a completed Food Pantry Tax Credit Form (MO-FPT) or documentation from the food pantry which specifies the name of the food pantry, the dates and amounts of donations, and the name of the person making the donations. If you use the MP-FPT form bring it to one of our offices and have one of our staff members sign it. The form is available on-line at <http://dor.mo.gov/forms/MO-FPT> 2013.pdf

Please let your tax preparer and/or financial advisor know about this credit. We have found that many tax preparers are not familiar with this credit.

All claims will be held until after April 15 to determine if the total claimed exceeds \$1,250,000. If claims exceed \$1,250,000, the Department will apportion credits in an equal ratio among all valid returns filed. In previous years credits claimed have been a small portion of the available credits.

Freedom From Hunger

This is the theme this year for all of our food collections. Originally, it started out as a theme of a church's food drive (Lutheran Church of the Resurrection) for us over the 4th of July weekend. Then it spread to other churches and businesses throughout July and even into August. In 2013 we extended to all twelve months of the year because of the lingering effects of the great recession.

For the campaign, we will provide Freedom From Hunger posters, flyers and barrels and will provide any other type of help which we are able to do. We need to raise almost \$4 million worth of food in 2014 to meet the ongoing needs of our two offices in St. Louis County and Jefferson County.

Contact us at fmphelp@earthlink.net or call Mary Hettenhausen or Ann Mantler at our High Ridge office at 636-677-9885 or Mark LaFerney at our South County office at 314-631-4900.

HELP – with Social Media

As we continue to grow, we find many areas still in need of help. Are you a social media and web guru? If so, we could use your expertise in keeping us connected. We prefer you have knowledge of Feed My People. Call Carol DeGuire at 314-631-4900 Thank you

Mark your calendars now for these exciting events: More to come!

- April 4th, 2014**
Trivia Night
- June 7th & 14th, 2014**
Freedom from Hunger Food Drive
- September 28th, 2014**
Manna March Walk for Hunger
- November 8th, 2014**
Bringing Fashion Into Action Fashion Show Luncheon

Feinstein Challenge Grant

For the 17th straight year, the Alan Shawn Feinstein Foundation in Rhode Island is dividing \$1 million among food pantries throughout the country as a challenge grant to fight hunger. All donations we receive during the months of March and April will be substantially added to, so please donate at this time to increase your support. This generous philanthropist states, "That all that will matter to us someday is what we did while we were here to help those who needed us."

Manna Messenger

Via Email?

If you're interested in getting the Messenger by email, it will help us save postage and printing costs. Send your email address to ginny_macrum@feed-my-people.com. Thank you to everyone who has responded so far!

Accomplished at Feed My People in 2013

In the spring of 2013, the work was finished on the front of our Lemay facility along with the painting of the rest of the outside of our building. The updated building was dedicated in May by County Executive Charlie Dooley, who with other county and state officials helped cut the ribbon and took a tour of our building.

Under the direction of St. Luke United Methodist Church who provided the volunteers, we now have an area for a community garden on vacant Feed My People property next to our Lemay facility. This spring we will be able to provide an area where ten of our families will be able to grow produce for their families to eat. Funding to fence the garden remains on our wish list, if anyone would like to contribute to that.

An improvement in our funds this last fall resulted in us being able to purchase heaters for our clients who were without heat and we should be able to purchase fans this coming summer.

The High Ridge office is in the process of changing their lighting system over to the new lighting and this should be completed by the summer of 2014.

We expanded both our Manna March and our Fashion Show fundraisers in 2013 and, reversing our previous decision, have decided to have the Fashion Show again this coming fall. Watch for some exciting things to happen with both of these activities this fall.

And, a special thanks to all of you, our donors, we ended up in the black for the

first time in about five years in 2013. May God bless each and every one of you, this year in a special way.

Carol and John DeGuire, Executive Co-Directors and Co-Founders

Spring Seeds

Spring fever must wait but by the middle of March, let it begin! We mean that Feed My People will once again offer spring seeds for distribution to our clients. If you are one of the donors to this annual project, any of the common seeds are needed, with tomatoes most in demand. You can drop them off any day during our regular business hours at either location or you can send them in the mail. Just be sure the seeds are fresh so the results will be outstanding!

Flower seeds are also welcome.

Thank you.

Volunteers Needed

The Lemay office is in need of volunteers in a variety of areas and various days of the week. For Lemay contact Ted West at 314-631-4900. Due to increased need, the High Ridge office needs crew members for the office, pantry and thrift store to become active on Mondays. Anyone interested in volunteering at the High Ridge Office needs to contact Mary at 636-677-8451.

We also need help with drivers and helpers at each office.

As always your help is deeply appreciated.

In Loving Memory

We remember the following volunteers who joined our Lord –
Gene Anacker – June 7, 2013
Louise Webb – December 5, 2013
Agnes Seidel – January 7, 2014

Our thoughts and prayers are with their families.

Memorials

- Walter & June Benwell
- Mrs. Pat Bishop
- Helen Brommer
- DeLura N. Brummet
- Jim & Rebecca Buchanan
- Donald A. Buhler
- H. J. (Bud) Butler
- Brad Carson
- Allen Christmann
- Neal Cook
- Vern Crecelius
- Barbara Davis
- Mary Davis
- Robert Eflink
- Keith Ellis
- Ken Ellis
- Gene Engelhardt
- Martha Falk
- Walter & Eula Feldmann
- Edwin & Wanda Fiehler
- Diane Frerker
- Betty & Lee Froneyberger
- Betty Furrer
- Vernon & Marie Goedecke
- Gary Goelzhauser
- Josephine Goelzhauser
- William Goelzhauser
- Ronald Golden
- Ray & Dorothy Goodhart
- Emma Lee Guerney
- Kenna Hacker
- Nadine Helfrich
- Jack & Doris Henry
- Gary Imo
- Bob Kammien
- Eugene Kerber
- Edward Klages
- Charlie & Ann Klipsch
- Berry Knowles

Donate now online by left -clicking button below

