



Manna Messenger

A Publication of Feed My People

January/February 2013

FEED MY PEOPLE
A Christian
Interdenominational
help center showing God's
love and compassion
for His people in need.

South County Office
171 Kingston Drive
St. Louis, MO 63125
(314) 631-4900
Fax (314) 631-7930

High Ridge Office
3295 Ottomeyer Road
High Ridge, MO 63049
(636) 677-9885
Fax (636) 677-8691

Web Site
<http://www.Feed-My-People.org>

E-mail
fmphelp@earthlink.net

Directors
John & Carol DeGuire

Editor
Carol DeGuire

Programs
Emergency and long term
food help

Energy Assistance

Medical and Transportation
Financial Assistance

Weatherization Materials

Fan/Heater Program

Counseling/Referrals

Job Assistance

Clothing Assistance

Home Visitation Program

Advocacy

Adopt-a-Family and
Giving Tree Programs at
Christmas

Low-Cost Thrift Stores

Spring Seeds Program

Smoke Detectors

Computer Literacy

Affordable Housing



Dedication and Open House Of our new Façade at the Lemay Facility

Sunday, May 5th

171-177 Kingston

Dedication and Ribbon Cutting at 3 PM

Open House and Reception to follow until 5 PM

Come celebrate the completion of the remodeling of the facade of our Lemay (South County) facility as well as the remodeling of our food receiving area which has been upgraded over the past year. Several dignitaries will be on hand to help cut the ribbon at 3 pm. This will be followed by tours of the entire facility with staff and volunteers on hand to answer all questions. The tour will end with a reception and refreshments will be served. Hope you will be able to share in this exciting event.

Feed My People – Annual Trivia Night

Friday, April 5th 2013 @ 7:00 PM (doors open at 6 pm)

St. Margaret Mary Alacoque Church, 4900 Ringer Road – 63129

KMOX Legendary St. Louis Radio Personality, Johnny Rabbit, is Host and
Announcer

Better than ever! \$20.00 Per Person

This year - - - Soft Drinks Included (Additional Cash Bar Available)

Special Carnival Themes Premium Boxed \$300 per table of 8-10 (includes soda,
beer and wine)

1st, 2nd and 3rd place cash prizes, 50/50's and a wonderful silent and raffle auction.

Bring in canned goods for an extra chance at a surprise raffle auction.

1 Canned good = 1 raffle ticket. The more cans you bring the better your
chance to win. Help us stock our food pantry.

Questions – call Carol of John DeGuire or Ginny Macrum at 314-631-4900

Feed My People Trivia Night Registration Form

Friday, April 5th 2013 \$20.00 Per Person

Name _____ Tables (8-10 per table)

Address _____

Phone _____ Email _____

Make Checks payable to: Feed My People (attn" Trivia Night)
171 Kingston Drive, St. Louis, MO 63125

2012 – Looking Back

2012 was a very productive (e.g. busy) year. It included:

- 1) Setting up a Foundation Board to help us reach out to other potential donors to meet the growing needs for our services.
- 2) Securing funding from St. Louis County's Economic Development Council and their Port Authority to remodel the front of our Lemay Facility. Also we upgraded our food receiving area.
- 3) Establishing a new Job Counseling Program which has been successful in finding better than average jobs for our clients.
- 4) Producing an outstanding Fashion Show designed to showcase our Thrift Stores, the highlight of our 30th Anniversary celebrations. We partnered with fashion design students from St. Louis County's Special School District.
- 5) A complete reorganization of our Governing Board, including totally rewriting our By-laws.
- 6) Partnering with the Lemay Housing Partnership to work on houses of our clients in Lemay.
- 7) Upgrading our website and going on Facebook and Twitter.
- 8) Making our newsletter more efficient by trimming it and e-mailing it to a growing number of donors, both of which cut our expenses.
- 9) Expanding our Adopt-A-Family Christmas Basket program at both facilities, especially at High Ridge which has seen a 40% increase in this program over the last few years
- 10) Adding a Sip, Shop and Socialize evening annual event at our two thrift stores which has been both fun and profitable for our clients and store customers.

All of this happened over and above providing help in numerous ways and especially food on a day to day basis to a record number of people.

Manna Messenger Via E-Mail?

If you're interested in getting the Manna Messenger by email, it will help us save postage and printing costs. Send your email address to ginny_macrum@feed-my-people.com. Thank you to everyone who has responded so far!

2013 And Beyond

Despite the fact that we're still struggling financially, as we have since the Great Recession started, we are excited about all which has happened over the last year (see article "2012 – Looking Back). While we projected a \$120,000 deficit last year, through very careful managing of our funds we were able to hold our deficit to \$36,000. This is partially to a \$40,000 increase in donations, thanks in large part to you, our donors. Our Foundation Board which was founded to help us develop new donors is on the threshold of blasting off and we predict that 2012 will be our last year of deficits.

We have depended on the churches and individuals for most of our support since we started thirty-one years ago although business and organizational support has increased in recent years. Starting this year we will work on building business-Feed My People partnerships with both our programs and our fundraisers (as we have done with the Manna March).

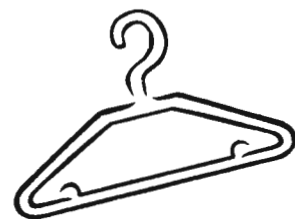
We want to restore our client programs to full funding which we were forced to cut back last year because of our fiscal restraints. This is especially true of our fan program which was severely cut in the year of St. Louis' hottest summer on record.

Our Thrift Store Manager has agreed to produce another Fashion Show this fall if we can get enough sponsors to pay for the cost of it. Artistically it was excellent and many who attended were astonished that the clothes being modeled came out of our thrift store and that several of the models were our clients who were given the clothes they modeled and complete makeovers.

Building-wise, we need to develop funding to finish replacing our interior lighting at both facilities and to replace all of our 26 computers which operate on the old XP operating system which will no longer be supported by Microsoft after this year (these computers are too old to update to newer systems). We also need to do some repaving at both facilities. In the future we are looking at expanding both facilities.

Feinstein Challenge Grant

For the 16th straight year, the Alan Shawn Feinstein Foundation in Rhode Island is dividing \$1 million among food pantries throughout the country as a challenge grant to fight hunger. All donations we receive during the months of March and April will be substantially added to, so please donate at this time to increase your support. This generous philanthropist states, "That all that will matter to us someday is what we did while we were here to help those who needed us."



The Thrifty Hanger Report

We hope that all of you had a wonderful and blessed Christmas Season and that the New Year is bringing Peace and Joy to you and your families.

2013 will bring lots of wonderful changes to the Feed My People Thrift Stores. First, our Lemay location received an outside facelift and a new name. The Thrifty Hanger is open for business and continues to stay open late, till 6:00 pm on Thursdays. In addition to these changes at Lemay, look for enhanced promotions and advertising for both locations in 2013.

As we look ahead, we will hold our first ever Bridal Fair on Saturday, April 27th at our Lemay location. This event will be a chance to buy wedding gowns, bridesmaid dresses, mother's dresses and flower girl attire along with shoes, jewelry and other needs. Supportive wedding vendors will be on hand to assist you in all your wedding planning from cakes to invitations. Be sure to mark your calendars now.

We accept Mastercard and Visa debit and credit cards at both locations and sell gift cards in any denomination.



Volunteers Needed

Volunteers are always in need. We need enthusiastic people who want to serve others in our community. Please join our team of great volunteers for a rewarding and beneficial experience.

Spring Seeds

Spring fever must wait but by the middle of March, let it begin! We mean that Feed My People will once again offer spring seeds for distribution to our clients. If you are one of the donors to this annual project, any of the common seeds are needed, with tomatoes most in demand. You can drop them off any day during our regular business hours at either location or you can send them in the mail. Just be sure the seeds are fresh so the results will be outstanding! Thank you.

Looking Back Christmas 2012

Because of your kindness, caring and generosity, many individuals, children, families and elderly (that are often forgotten), had a brighter holiday, with our Adopt-A-Family Christmas programs, and our Giving Tree programs.

Thank you to all of you who made this possible, you gave so generously, and also, those who volunteered their time and worked behind the scenes. "Working Together" – to help those in need.

A Few Quotes From Some Grateful Clients

"I can not express how you have made a difference in my family."

"I have a great deal to smile about seeing my children's faces light up."

"I think we are still in shock."

"If it wasn't for you wonderful people, I don't know what we would of done."

"I will never forget your generosity and kindness. We are so grateful for you."

"Not being able to afford any extra puts sadness upon my heart."

"You've gone above and beyond."

"You are amazing."

"You've helped us make the holidays more memorable."

"We are keeping you in our prayers."

"I just couldn't believe your generosity."

"God Bless you for Blessing us."

Freedom from Hunger

Initially started over ten years ago at one church as a food drive over the then Fourth of July weekend, we adopted the concept and introduced it to several of our supporting churches in 2003. Then some business picked up on it and started food drives for Feed My People throughout the month of July and some even extended into August and for several years this helped us get through the lean months of the summer and early fall.

But the Great Recession took its toll and we were again struggling to get enough food to handle the increased number of people needing help. Help came from one of our board members who started a door-to-door food drive from his church in June and that has continued under the direction of other board members. But the Great Recession continues to take its toll (and it's not over at our level) and so we are still struggling in late summer and early fall to feed those who come to us.

So this year we are expanding the "Freedom From Hunger" campaign to all twelve months of the year. We will provide posters, barrels and flyers to promote this campaign to any business, church, school or organization who wants to do a food collection for us.

Please contact either Mary Hetenhausen at our High Ridge facility at 636 677-9885 or Ted West at our South County (Lemay) facility at 314 631-4900 or e-mail either one at fmphelp@earthlink.net for food collection barrels and literature or to ask any questions. PLEASE HELP US SUPPLY THE MOST BASIC OF HELP – FOOD FOR HUNGRY PEOPLE. Thank you and may God bless you abundantly as you share those blessings with those in need.

Help Needed to Rehab a House

On Saturday, April 27, 2013 (tentative date), we will be helping rehab one or more houses in the Lemay area in conjunction with the Lemay Housing Partnership. We are looking for both skilled and unskilled volunteers to help that day. If you can help, please contact our Housing Coordinator, Nancy Woestendiek, at Nancyw29@yahoo.com, or call her at 314-852-2998 (cell).

Memorials

Leon Barby Sr.
Babe Bardot
Emily A. Barbot
William Berg
Bernard Berns
Shirley Block
Blu – my dog & friend
Ethel "Lou" Boughman
Helen L. Brommex
DeLura N. Brummet
Brad Carson
Joyce "JC" E. Caryerton
Allen Christmann
Walter R. Christ
Salvator Cilufio
Barbara Jeanne Combs
Neal Cook
Leonard Cornick
Barbara Davis
John W. Druelinger
Carol Eichhorn
Keith Ellis
Ken Ellis
Frank & Alice Erker
Loyd "Gene" Ernst
Elizabeth Faller
Rita Ficker
Mr. & Mrs. E. Fiehler
Lois A. Fischer
Mary Fitzgerald
4Finger Fred the Fearless Firefighter
Esther Friedwald
Betty Furrer
Buster Gazaway
Ed Giles
Vernon & Marie Goedeke
Gary Goelzhauser
Josephine Goelzhauser
William Goelzhauser
Ray & Dorothy Goodhart
Kenny Lee Guernsey
Steven Hribernik
Edward & Norma Huxhold
Gary Imo
John Jerca
Michael & Matilda Keenoy
James Kessler
Leo Kessler
Norma Kessler
Lucille Kiel
Gregory Kowert
Jeffery Kramer
Leo Kramer
Michael Kramer
Eunice Kreienkamp
William & Mary Jane Krug
William Krumrey
Jeanne (Frances) Lampe
Marge Lampert
Hazel Lape
Jeane LaPlante
Christopher LaRocca
John M. Loretta
Delores Loyd
Phyllis Manes
Bill & Mary Mangan

Memorials (continued)

Anthony "Tony" D. Maniaci
Mary R. Martin
Susan Martin
Robert & Virginia May
Rich Mills
Jay & Elizabeth Meyer
Betty Moellenberg
Ted L. Moll
David Morrow
Ada Virdell Neaton
Mr. & Mrs. Nelson
Dorothy Nickel
Irene Ohlemeyer
Ellen Orman
Mrs. Craig Page
Bob Perkins
Sharon R. Przybylski
John Rallo
Jennifer Kristen Rhea
John Ringwald
Huldah Rode
Ruth Rode
Bill & Val Roelle
Wilma Sam (Mother)
Henrietta Sanders
Henry Schick
Earl & Flo Schmidt
Leo Schmitt
Vernon A. Schneider
Mary Schumm
Albert Schwanz
Richard J. Schweppe
John Sieber
Conrad Smith
Judi Smith
Mrs. M. Smith
Tom Stabbs
Mark Stratmann
Russell Strohmeyer
Marleah Strominger
Albert & Elaine Tarwater
Martin & Lucille Thome
Robert Thode
Lucille Torrence

Vi Triebel
Barb Viragh
Henry & Rose Von Rohr
James A. Waldrop
Leo & Marcella Walter
Helen Walterscheid
Friends of Bosco Westrich
Edward Wiesehan
Bernice Wiethop
Nancy Wiley
Fran Winker
Betty Wren
Carol Zabrowski

In Loving Memory

Ellen P. Orman, former
volunteer, January 1, 2013
We will truly miss Ellen, but
we know that she is now in
Heaven.

Tributes

Akers Family
Happy Holiday
Marilyn Antrobus
Christmas
Marsha Armentrout
Elaine Bachman
Christmas
Maryn Bauman
80th Birthday
Kathi Beyer
Christmas
Linda Bourgeois
Susie Brandenburg
Christmas
Alberta Buchanan
Christmas
Charles & Faith Bull
Christmas
Audrey Campbell
Christmas

Aunt Madeline Cardwell
Christmas
Judy Compton
Christmas
Ann M. Corrigan
Karen Crecelius
Jay Duncan
Thanks for your help!
Gene Eiler
80th Birthday
Feed My People Volunteers
Blessings
Dan Fowler
60th Birthday
Katherine Fowler
Christmas
Jeanette Haller
Christmas
Norman & Lois Hansen
56th Anniversary
Ken & Julie Hartenstein
Christmas
Don & Norma Hoeffelman
60th Anniversary
JESUS
Robert & Judy Keller
Christmas
Jeanne Kerwin
94th Birthday
David & Karen Keske
Christmas
Edward Klages
Nancy Kristman
80th Birthday
Jason Lenz
Jim & Flo Meadows
Christmas
Jim Means
Christmas
Leslie Meyer
Christmas
Thelma Miller
95th Birthday

Morgan Family
Christmas
Dottie Nauman
O'Brien Family
Christmas
Joann Palumbo
Christmas
Kerry & Joe Pantelis
Wedding
Ceil Peikarski
Robert & Louise Radonski
60th Anniversary
Leslie Renz
Christmas
Jill Rhodabarger
Happy Holiday
Milton Schwartzmeyer
Harrison B. Scott
Ralph & Pat Stamm
50th Anniversary
Bill & Maud Stetham
60th Anniversary &
Happy Holiday
St. Lucas UCC Staff
Christmas
Swayne Family
Happy Holiday
Brian & Chris Walrop
Barbara Wandschneider
Friend
Clarence & Betty Waser
60th Anniversary
Hereld & Mildred Werner
Christmas
Ted West
Tim White
Birthday
Doris & David Wolff
50th Anniversary
Regina Yemma
Happy Holiday
Susan Young
Christmas
Marvin & Charlotte Zwick

Memorial / Tribute Program

Enclosed is my gift of \$ _____

In Memory of (Name) _____

In Honor of (Name) _____

(In Honor of Occasion) _____

Please send Name _____

Notifications to: Address _____

City/State/Zip _____

From: Name _____

Address _____

City/State/Zip _____

Phone: _____

I want to help hungry people in this area and to make a difference.

Enclosed is my donation of:

\$25 \$50 \$100 \$200 \$500 Other _____

- I am interested in volunteering at one of your two offices. Please send me information.
- I am interested in information adding Feed My People to my will/estate planning.
- I would like to make a monthly pledge of \$ _____. Please send a year's supply of return envelopes.
- Please send me information about how I can make automatic monthly donations.
- My group would like information on Feed My People and hunger in this area. Please call me at _____.