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Inside!
JOIN OUR
UPCOMING BABY
BOTTLE CAMPAIGN -
CHANGE FOR LIFE!

From the Development Director

A Tribute to My Mom, Virginia Hamm

On the first day of spring my mom, Virginia Hamm, had the privilege of meeting Jesus face-to-face in heaven. While it was very sad for me and my family, it was the most amazing moment for her, I am convinced. My mom taught my siblings and me so many wonderful lessons, a few which I share with you:

1. Yes. Jesus loves YOU. The most important lesson Mom taught us from the time we were little was the simple truth that Jesus loves us and has a wonderful plan for all who put their trust in Him. He showed it through His life on earth and death for us and proved it through His resurrection. Mom really wanted everyone to know that. How cool that she gets to celebrate Resurrection Sunday this year in heaven.

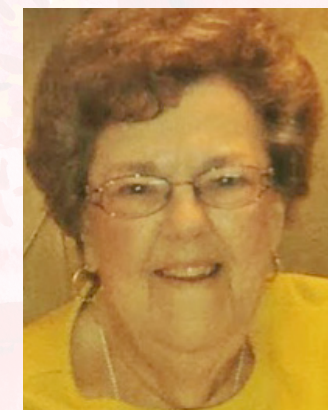
2. Life matters - All of the time. After Mom gave her time to raising us kids, she focused her energies on reaching out to young women facing unintended pregnancies. She worked tirelessly to bring awareness to the needs of the unborn by helping found Her Health Women's Center, (formerly the Alpha Center). She spoke wherever and whenever she could about the harmful effects of abortion to young women, their families and communities. She

wanted everyone to know that human Life is a gift to be celebrated, no matter the size, level of development, the environment, or degree of dependency of that life.

3. Do Everything With Excellence. Mom knew that every aspect of the center needed to reflect God's character. She didn't want things done sloppily or to look cheap. She sought out people who could teach her the ins and outs of running an organization effectively. She made sure the center was a place of beauty and not junk to welcome young women in a difficult situation. She planned banquets for hundreds of guests and spoke to many groups, all in the pursuit of excellence. "Our God," she said, "deserves nothing less. He gave His best for us. We ought also to do the same for Him."

Mom lived with purpose and a desire to serve the Lord with all her heart. I am so thankful to call her Mom. What a legacy of faith she has left behind!

Susie Edgar
Development Director



Dedicated to the memory of
Virginia Lorraine Hamm
July 6, 1935 to March 20, 2015 (The first day of spring)

Co-founder and Director of the Alpha Center (now Her Health Women's Center) 1987 to 2000

The Hamm family has designated Her Health as a recipient of Virginia's memorial. If you would like to contribute to this fund in her honor, use the enclosed envelope and indicate "Virginia Hamm memorial."

"For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth. Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be." Psalm 139:13-16 (New International Version)

From the Executive Director

Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms. If anyone speaks, they should do so as one who speaks the very words of God. If anyone serves, they should do so with the strength God provides, so that in all things God may be praised through Jesus Christ. To him be the glory and the power for ever and ever. Amen." (1 Peter 4:10-11, NIV)

There are so many verses that describe my dear friend and mentor, Virginia Hamm, but this one certainly sums up her life. After I was hired as ED when Virginia announced her retirement, I was very privileged to be taught by her as I literally sat at her feet (at least it felt like it to me, because my chair in her office was a foofy one that felt closer to the ground!).

Each day she had a list of items on which she wished to instruct me, and she was very thorough. She also sat with me as I learned to really listen to our clients. She was smart, personable, loved to laugh, loved Jesus, and desired to



serve Him by serving others! We spent a lot of time praising God and praying for His strength and guidance; we continue to do this daily at Her Health. When I look at Virginia and Chuck's extended family, it is very obvious that they both instructed them in the ways of our Lord, and they have imparted a legacy of faith, love and servant leadership.

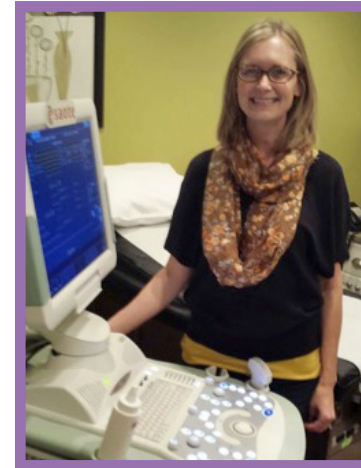
Virginia got to meet her heavenly Father on the first day of spring. In the words of author Ann Voskamp, while Virginia "escapes winter, and crosses our minds and hearts like that robin that's a fluttering of wings just past the edge of our eyes: singing of lovely things coming, coming — just before it flies away, lovely and gone. Just before we too will soon feel His warming Love directly on our faces — soon, soon."

Deb Syperma

Deb Syperma
Executive Director



New Staff Members



AMBER MORGAN

Amber Morgan, a registered diagnostic medical sonographer, is a literal answer to prayer after our former sonographer moved last November. She joined our team in January to perform free first trimester ultrasounds two times per month. Her warm smile and sweet presence calms even the most frightened young woman facing an unintended pregnancy. Our goal is to offer this service weekly by mid-summer, so young women considering abortion can quickly see their babies and hear their heartbeats.

Amber and her husband Mick have two children, LuLu and Trey. How excited we are for her to be on staff!



JANE DIXON

When Deb Syperma met Jane Dixon nearly 15 years ago, she thought what a perfect fit Jane would be in our pregnancy help ministry. God is so good! Jane Dixon has joined us as our Nurse Manager after semi-retiring from her role as a public health nurse. She also is an "on-call" nurse for area school districts. She is a certified educator and clinician for Sexually Transmitted Infections. Her background includes working with teen moms through the HOPES program at Siouxland

District Health and serving as a psych nurse for eight years at Mercy Hospital.

She comes well-qualified to provide day-to-day medical support at the center and to keep our policies and procedures current. She will be helping with pregnancy tests and in our goal of expanding services to our clients.

WEBSITE FOR HER HEALTH PARTNERS NOW OPEN

We have officially opened our website for YOU, our partners at www.partnersofherhealth.org. Who are Our Partners? They are the individuals who graciously give their resources to support this ministry. They are our gifted volunteers who give so much of their time. They are our generous donors who steward their funds to provide for the existence of this culturally relevant ministry which has outreach to all of Siouxland.

On this site you will find information about upcoming events, testimonies from our clients, ways you can volunteer, a prayer list, our statement of faith, our Her Health Wish List and much more. Plus, you can conveniently and securely donate online.

Members of our BOARD OF DIRECTORS:

DR. BETHANY NIELSEN – President

BARB CLARK – Vice President

SETH VAN GORP- Treasurer

KAREN MILLER – Secretary

MARTY DELPERDANG

DAVID WILCH

JIM HANSCOM

BRYAN NEWSWANDER

Upcoming Events

School Nurses' Appreciation Dessert Reception - **April 13**

Client Advocate Volunteer Training - **April 25**

Baby Bottle Campaign - **Mother's Day through Father's Day**. Ask if your church or organization is involved.

Diaper Dash. Walk or Run for LIFE - **September 26**

Baby Bottle Campaign - Change for Life

With the arrival of spring also comes the chance to join our Baby Bottle Campaign - Change for Life. Between Mother's and Father's Day, or whenever it is most convenient, churches and organizations, Bible schools, youth groups, day camps, all begin passing out Her Health Women's Center Baby Bottles across Siouxland. This campaign offers families, couples and individuals to join a hands-on project to support young women facing unintended pregnancies.

Families are encouraged to take home empty baby bottles, provided by Her Health, fill them with change, cash or checks and return them on the designated ending date of your organization's campaign. Kids can get involved searching for quarters in the car and sofa cushions. Dads can empty their change from their pockets, moms from the bottom of their purses. On average, just 4 or 5 bottles filled with change provide one client with a free pregnancy test, a listening ear, accurate information and life-affirming options.

To start your own Baby Bottle Campaign and reserve your bottles, contact Susie at 712-276-0237. Call today to make sure your church or organization is involved.

YOUR CHANGE can make the DIFFERENCE for LIFE!



"Thank you for your support and helping me through this. I appreciated the brochures you sent to me and the prayers you said."

- "Jadyn" who miscarried