



# Texas Association of Private and Parochial Schools

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P.O. Box 1039 601 N. Main Salado, Texas 76571

Date: April 1, 2014

To: Head Administrators

Athletic Directors

Coaches

Parents

Athletes

Subject: Health and Safety

The purpose of the Texas Association of Private and Parochial Schools is to organize and provide extracurricular activities for the students attending our member schools. Paramount in the organization's efforts is the safety of the young men and women who participate. The safety requires all of us to do our part to protect the students before, during and after participation.

In the past two years student safety has received increased attention nationwide and prompted a review by all of the members of the National Federation of State High School Associations. After internal analysis and review of the best practices endorsed and exhibited by the NFHS, TAPPS has made changes to the Pre-Participation Medical History Form and Physical Examination Form. Additionally, TAPPS has developed forms explaining the significance of Sudden Cardiac Arrests and Concussion awareness. While no one can predict injuries or prevent them entirely, through education prior to participation, coaching, use of appropriate safety equipment and response to indicators after participation we hope to minimize the lasting effects of any injury.

The following forms are required annually for all students who participate in TAPPS activities. As parents and students, please take the time to review the material and provide honest and thorough answers which will assist medical professionals as they examine each student. TAPPS schools will keep this information on file for each student and review the information as they prepare for the coming seasons.

Additional information is available on the Health and Safety page at [www.tapps.net](http://www.tapps.net).