



Elementary & Junior High Physical Education Policies

P.E. Rules

1. Follow instructions the first time they are given.
2. Raise your hand for permission to speak.
3. Enter the facility quietly, and sit in assigned spot, in PE uniform (6th-8th).
4. Participate in all activities to the best of your ability.
5. Treat others the way you would like to be treated – Good Sportsmanship!

If a student chooses to break a rule:

1st consequence: Warning

2nd consequence: Name in Discipline book, 5 minute time-out, 2 points lost.

3rd consequence: Name in Discipline book, 10 minute time-out, note to parents, 2 more points lost.

Grading

- **Junior High (6th - 8th)**
 - Proper Uniform
 - Students are required to wear the proper attire as outlined in the dress code for Physical Education. All students must wear **FA shorts, FA shirt, and sneakers.**
 - **2 points** will be taken off for incomplete PE uniform.
 - Conduct
 - Name in the Discipline Book- **2 points per time**
 - Participation/Cooperation
 - Attitude
 - Sportsmanship
 - **Grading Policy:** Points taken off will be totaled at the end of the 6-week period and subtracted from 100 to determine number grade for JH Participation.
 - Attendance
 - Per the student handbook, students will be present 90% of days that school is in session –regardless if the absences are excused or unexcused. When the student's attendance in class drops below 90%, an action plan will be implemented by the Administration
 - Unable to participate due to illness/injury:
 - If your child is unable to participate for extended period of time (more than 3 days), an excuse from a doctor is required stating the number of days or weeks the child is to be excused. If your child is limited to certain activities, this should also be included on the form. If your child should be excused from Physical Education class for one, two, or three days, a note from home is required with the following items on the note:
 - First and last name of child
 - Number of days to be excused (1, 2, or 3)
 - Reason for excuse
 - Signature of parent or guardian

- This policy parallels the Student Handbook that states, “Illness--If a student misses more than 3 days in a row due to an illness, a doctor’s note must be provided in order for the absence to be excused”

- **Elementary (K5 - 5th):**
 - Proper Uniform
 - Students must wear proper shoes for safety purposes.
 - **2 points** will be taken off for not wearing proper athletic shoes (e.g. platform heels, hiking boots, sandals, flat etc.)
 - If K5-5th grade student wears dress shoes to school, please bring athletic shoes to change into before class.
 - Students will also be given extra exercises to do during class if not wearing proper shoes.
 - Students may not be able to participate in that day’s activity.
 - Conduct
 - Name in the Discipline Book- **2 points per time**
 - Participation/Cooperation
 - Attitude
 - Sportsmanship
 - **Grading Policy:** Points taken off will be totaled at the end of the 6-week period and subtracted from 100 to determine number grade for JH Participation.
 - Attendance
 - Per the student handbook, students will be present 90% of days that school is in session –regardless if the absences are excused or unexcused. When the student’s attendance in class drops below 90%, an action plan will be implemented by the Administration.
 - Unable to participate due to illness/injury:
 - If your child is unable to participate for extended period of time (more than 3 days), an excuse from a doctor is required stating the number of days or weeks the child is to be excused. If your child is limited to certain activities, this should also be included on the form. If your child should be excused from Physical Education class for one, two, or three days, a note from home is required with the following items on the note:
 - First and last name of child
 - Number of days to be excused (1, 2, or 3)
 - Reason for excuse
 - Signature of parent or guardian

- This policy parallels the Student Handbook that states, “Illness--If a student misses more than 3 days in a row due to an illness, a doctor’s note must be provided in order for the absence to be excused”



Physical Education Discipline Report

Today, ___/___/___ , during Physical Education, _____, did not make the best choice concerning his/her behavior. The following rule(s) were broken:

1. Follow instructions the first time they are given.
2. Raise your hand for permission to speak.
3. Enter the gym (or present facility) quietly, and sit in assigned spot, in PE uniform (6th-12th).
4. Participate in all activities to the best of your ability.
5. Treat others the way you would like to be treated – Good Sportsmanship!

Other _____

Please respond by email that you received this Discipline Report within 24 hours.

Thank You,

Coach Marcus Simmons & Coach Tara Jones
Physical Education Teachers