



2018 VOLLEYBALL CHECKLIST ~ JUNIOR HIGH

SUMMER BOOT CAMP @ FA Gym ~ \$75 (paid to Trinity Delmar) – payment due by Monday, June 11

**** Instead of participating in volleyball league, JH will have the opportunity to participate in a bi-weekly volleyball boot camp with Coach Trinity Delmar ****

June 19 —3:00 - 5:00 pm
June 21—3:00 - 5:00 pm
June 26—3:00 - 5:00 pm
June 28 – 3:00 – 5:00 pm
July 10 – 3:00 – 5:00 pm
July 12 – 3:00 -5:00 pm

VOLLEYBALL CAMP ~ \$100 (paid to Trinity Delmar) – payment due by Thursday, June 28
July 16-20 ~ 2:00-4:30 @ FA Gym

PARENT MEETING

July 16 @ 4:30 pm @ FA Classroom ~ TBA (will be held at the end of the first day of camp; when you come to pick up your daughter, stay for the meeting which will last around 30 minutes.)

Due by first Day of Tryouts: Forms below can be printed from the Fellowship Academy website under Athletics Forms tab. **ALL athletes will need a physical BEFORE the first day of practice for their sport. PLEASE TURN IN ALL PAPERWORK THE FIRST DAY OF TRYOUTS—NOT BEFORE.**

- TAPPS Medical History & Physical Evaluation Form
- TAPPS Acknowledgement of Rules
- TAPPS Steroid Use Agreement Form
- TAPPS Cardiac Arrest Form
- TAPPS Concussion Form
- ALL athletes will also need to download/read the **Fellowship Academy Athletic Handbook**. The Acknowledgement Page must be signed and returned to the Director of Athletics before the first day of practice for their sport.
- Addendum to Athletic Handbook

TRY-OUT SCHEDULE:

Beginning August 6 @ FA Gym:

6—Tryouts 2:00-4:00 pm
7—Tryouts 2:00-4:00 pm
Teams will be posted – TBD

AUGUST PRACTICE SCHEDULE:

August Practice starting after Try-outs @ FA Gym:

8—Practice 2:00-4:00 pm
9—Practice 2:00-4:00 pm
13—Games
14—Practice 1:00 – 3:00 (OPEN HOUSE 6:00 pm JH/HS)
15—Practice 1:00 -3:00 (JOURNEY 6:00 pm)
16—Practice 3:00 -5:00 (OPEN HOUSE Elem)

JUNIOR HIGH PRACTICE SEASON SCHEDULE WHEN SCHOOL BEGINS AUGUST 20:

- **Beginning August 21 @ 3:30-5:00 @ FA GYM.** Players will go to PE/FASST and or Study Hall on their assigned days and times during first period.
- Practices will be held on days that there isn't a game. There may be a few Friday practices.
- MOST games are Tuesdays and Thursdays. MOST practices are Mondays and Wednesdays.
- Please see Fellowship Academy App for weekly updates.

TEAM PARENTS

- Mom or Dad to organize Snacks Schedule (**COACHES DO NOT ORGANIZE SNACK SCHEDULES**)
- Snacks/Drinks for games
- Coaches
- Assign Lines-
 - JH A team players will be assigned to keep lines for JH B team games
 - JH B team players will be assigned to keep lines for JH A team games
- Parent volunteers for book & score that are paid positions 😊

VOLLEYBALL GEAR—An Online Gear Shop will be offered as we get closer to school, but you can purchase at any Sporting Goods store now if you would like (except the team backpack). The Online PE Gear shop will not be ready to order from until notified this summer.

- **REQUIRED ITEMS-**
 - ✓ **Junior High Shoes:** players are **NOT** required to purchase a special brand shoe. They are optional. Wearing the shoes purchased last year is allowed. If you are purchasing a new shoe, purchase a black/silver/white Mizuno shoe which will be required in high school.
 - ✓ **Socks--JH & HS:** Any mid-calf black sock
 - ✓ **Black Nike Pro 5" Cool** Compression Shorts. (NOT 3-inch!!)
 - ✓ **Black Mizuno Kneepads :** Black knee pads—low profile.
 - ✓ **Nike Club Team Swoosh Backpack:** unless you already have another Fellowship duffel or backpack.
- **OPTIONAL ITEMS**
 - ✓ **Nike Benassi JDI Slides**
- **FELLOWSHIP PE UNIFORM/GEAR PACK AND ONLINE STORE (if you already have items, no need to purchase more).**
<https://fa2014.itemorder.com/sale>
 - **REQUIRED ITEMS**
 - ✓ **Practice t-shirts** (also worn in P.E.)
 - ✓ **Practice/cover-up shorts--Augusta shorts** (also worn in P.E.)