

MENTOR SELF-ASSESSMENT

A self-assessment is an opportunity for mentors to have a discussion with each other about the mentoring experience and expectations. Each mentoring session is unique and this self-assessment will help you grow from your experiences and give insight as to what you can do to improve your mentoring skills.

Feel free to fill this out after each couple you mentor. The assessment is for your use only and is intended for the sole purpose of self-reflection.

Scale 1-10 (1 is poor, 10 is great)

How well did you develop relationship? _____

How well did you use the baseball diamond and score? _____

How did you do with "not providing solutions"? _____

How well did you incorporate Scripture and teach? _____

How well did you identify their relationship with Christ? _____

How well did you use the 7 core heart issues tool? (If needed) _____

How well did you balance conversation so neither dominated? _____

How well did you deliver/enforce homework? _____

How well did you end each session with encouragement? _____

How well did you hold them accountable to their commitments? _____

How well did you confront if deemed necessary? _____

What could we do differently to improve our ability to mentor?