

**Feed My People**  
A Christian Interdenominational Help Center showing God's love and compassion for His people in need.

**South County Office**  
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St. Louis, MO 63125  
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**Web Site**  
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**Directors**  
John & Carol DeGuire

**Editor**  
Carol DeGuire

**Programs**  
Emergency & Longer-Term Food Help  
Adopt-A-Family & Giving Tree  
Advocacy  
Affordable Housing  
Circuit Breaker/Earned Income Credit  
Clothing Assistance  
Eldercare  
Energy Assistance  
Heaters-Blankets-Fans-Smoke Detectors  
Homeless Personal Care Kits  
Housing Rehab  
Job Counseling  
Layettees for Newborns  
Legal Referrals and Counseling  
Low-Cost Thrift Stores  
School Supplies/New Shoe Certificates  
Self-Help Center  
Spring Seeds Program  
Voter Registration  
Weatherization  
W.E.L.L. Program

## It's Not Too Late!



### WALK WITH US - OR - BE A VIRTUAL WALKER!

Get your walking team together and register for the 2014 Manna March! We need your church group, student group, work group or play group! **A minimum \$25.00 donation per walker is appreciated.** Pre-registered walkers will get a complimentary t-shirt & refreshments. **There will be a limited supply of t-shirts on-hand for those who register at the event.**

### CHECK OUT THE KIDS ACTIVITY ZONE!

Carnival-Style Games, Face Painting & More!

### EVENT SPONSORSHIPS AVAILABLE!

Sponsorship information online at [www.Feed-My-People.org](http://www.Feed-My-People.org) or call 314-631-4900. Thank you for your support!

Please return this portion to: FMP Manna March, 171 Kingston Ave., St. Louis, MO 63125 (or fax to: 314-631-7930)

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_  
Email: \_\_\_\_\_ T-Shirt Size: \_\_\_\_\_  
(Email is the preferred method of communication for further information on the walk.)  
(Check one)  
 Organizing a group to walk (Please send me \_\_\_\_\_ of Manna March Forms for walkers)  
 Walking with a group (Name of Group: \_\_\_\_\_)  
 Walking as an individual  
 Virtual Walker. I/we cannot join you on Sept. 28th, but would still like to support Feed My People. Please find donation enclosed in the amount of \$ \_\_\_\_\_ (Make checks payable to Feed My People)  
Are you walking in honor of a loved one? I am walking in honor of: \_\_\_\_\_  
If walker is under 18, please have a parent/guardian sign below:  
I, \_\_\_\_\_, give permission for \_\_\_\_\_ to walk in the Feed My People Manna March on Sunday, September 28, 2014.  
Signature \_\_\_\_\_ Date \_\_\_\_\_

## 6<sup>th</sup> Annual "Will Work for Food" fundraiser

Saturday, October 11<sup>th</sup> at Jilly's Café at 1630 Gravois in High Ridge. Featuring a Poker Tournament, Cake Walk, Silent Auction baskets, 50/50, and more. Come join us for an afternoon of fun, from 1 to 6 pm, and great food if you choose to eat there. Steve Burton, foundation board member, and his company, Waterproof Solutions, are spearheading this event.

Directions: Highway 30 to Little Brennan, left (if coming from Fenton) to Old Gravois (one block) - drive across road into shopping center.

## Help us Rehab a Client's Home

Saturday, October 25, 8:30 am - noon  
Working in conjunction with the Lemay Housing Partnership, Feed My People will be working on a house in Lemay. WE NEED skilled and unskilled volunteers. We will be repairing a fence where we need skilled workers. We will also be painting a fence and a deck, cleaning and mulching. If interested, please contact Nancy at [nancyw29@yahoo.com](mailto:nancyw29@yahoo.com) or call her at 314-852-2998.

## Our Caps - Your Cause

Don't forget our newest on-going program. Prairie Farms is a simple way to help continue our mission. Purchase Prairie Farms Milk, save the bottle caps, and bring them into us and deposit them in the special milk bottles located at each Feed My People facility. We will register them on the special website to earn dollars for Feed My People.



## Angels Giving Society Members

Please mark your calendars for our next forthcoming major event... "Binging Fashion into Action" Fashion Show. We are now accepting reservations, so if you are planning on attending, please note that we will also have an exclusive Angels Giving Society reception prior to the Fashion Show. We had a lovely time meeting with some of our "Angels" for Feed My People, at the recent Chef's Challenge. We would love to meet with more of you. If you are planning on attending the Fashion Show on Saturday, November 8, make your reservations and then come join us for a Continental Breakfast from 9:30 am to 10:30 am. For further information on attending the reception or Fashion Show, please contact Sue Quante or Roy Wunsch at 314-631-4900.

## Crop Walk Sunday, October 12

Not available to walk for Feed My People on September 28? Or if you like to walk and want to help two good organizations, sign up also for the CROP Hunger Walk (they did donate \$1000 of their proceeds to Feed My People last year). It will start and end at Eden Seminary in Webster Groves. You can register at 12:30 pm and walk at 1:30 pm or you can register online at [www.cropwalkonline.org/stlouismetro](http://www.cropwalkonline.org/stlouismetro)

## Can You Help?

"There is no better exercise for the Heart than reaching down and helping lift someone up." - Bernard Meltzer

To Volunteer, please call Mary in High Ridge or Ted in South County

## Thrifty Hanger Report Fall 2014

It will be another exciting fall season at the Thrifty Hanger at Feed My People. All eyes are on November 8<sup>th</sup>, when we present our third annual Fashion Show of re-imagined fashion from our Thrifty Hanger stores. Bringing Fashion Into Action: Saluting Unsung Heroes is this year's theme, and this year the fashion show will be full of surprises and great entertainment. We will honor deserving unsung heroes and pay special tribute to our men and women in uniform. Please see the attached reservation flyer and get your tickets soon, before an anticipated sell out. This year, we are so excited to be presenting the fashion show at River City Casino & Hotel.

Remember that Thrift Store gift certificates in any denomination are available through our thrift store cashiers during regular operating hours. They are the perfect complement to the Adopt-A-Family Christmas Baskets or for stocking stuffers.

## Manna Messenger Via E-Mail?

If you're interested in getting the Manna Messenger by email, it will help us save postage and printing costs. Send your email address to [ginny\\_macrum@feed-my-people.com](mailto:ginny_macrum@feed-my-people.com).

Thank you to everyone who has responded so far!

## In Loving Memory

Carol Rossman, July 12, 2014  
Eugene Anacker, June 7, 2013

These faithful volunteers will never be forgotten.

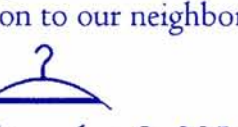
You are cordially invited to attend

# Bringing Fashion into Action

## 2014 Fall/Holiday Fashion Show Luncheon "SALUTING UNSUNG HEROES"

Showcasing re-imagined clothing, shoes & accessories from Feed My People's Thrifty Hanger Thrift Stores

Feed My People



Event proceeds benefit the programs and services of Feed My People; Showing God's love and compassion to our neighbors in need since 1982.

Saturday, November 8, 2014

10:30am Registration Begins & Silent Auction Opens  
11:15am Luncheon  
2014 Carol & John DeGuire Humanitarian Award Presentation  
Premiere Showing of "I Am Feed My People" Video  
12:00pm Fashion Show Begins & Silent Auction Closes  
Featured Performance by American Chamber Chorale  
1:30pm Pop-Up Boutique Opens

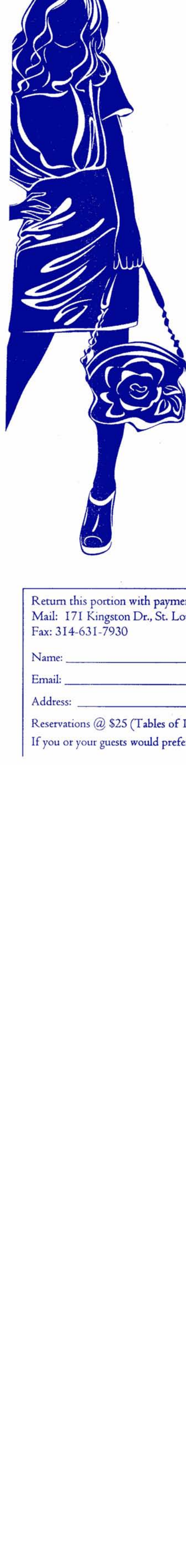
River City Casino & Hotel  
Event Center

777 River City Casino Blvd., St. Louis, MO 63125



\$300/table of 12 -or- \$25/person  
Sponsorship opportunities available.

For more info, contact Roy Wunsch at 314-631-4900



Return this portion with payment to: Feed My People Fashion Show  
Mail: 171 Kingston Dr., St. Louis, MO 63125  
Fax: 314-631-7930

Name: \_\_\_\_\_ Company: \_\_\_\_\_  
Email: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_

Reservations @ \$25 (Tables of 12 available): \_\_\_\_\_ Amount enclosed: \$ \_\_\_\_\_  
If you or your guests would prefer a vegan lunch, please indicate how many here: # \_\_\_\_\_

Angels Giving Society Reception  
Angel Donors & Sponsors: Please join us before the show for an exclusive reception from 9:30-10:30am. RSVP Here: # \_\_\_\_\_

Payment Type (check one):  
Check (made to "Feed My People") \_\_\_\_\_  
Visa \_\_\_\_\_ MC \_\_\_\_\_ Disc \_\_\_\_\_  
Card #: \_\_\_\_\_  
Exp. Date: \_\_\_\_\_ CVV Code: \_\_\_\_\_  
Billing Zip Code: \_\_\_\_\_

Donate now online by left -clicking button