



# Manna Messenger

A Feed My People Publication

November/December 2015

## Feed My People

A Christian Interdenominational Help Center showing God's love and compassion for His people in need.

### South County Office

171 Kingston Drive  
St. Louis, MO 63125  
(314) 631-4900  
Fax (314) 631-7930

### High Ridge Office

3295 Ottomeyer Road  
High Ridge, MO 63049  
(636) 677-9885  
Fax (636) 677-8691

### Web Site

[www.Feed-My-People.org](http://www.Feed-My-People.org)

### Email

[fmphelp@earthlink.net](mailto:fmphelp@earthlink.net)

### Directors

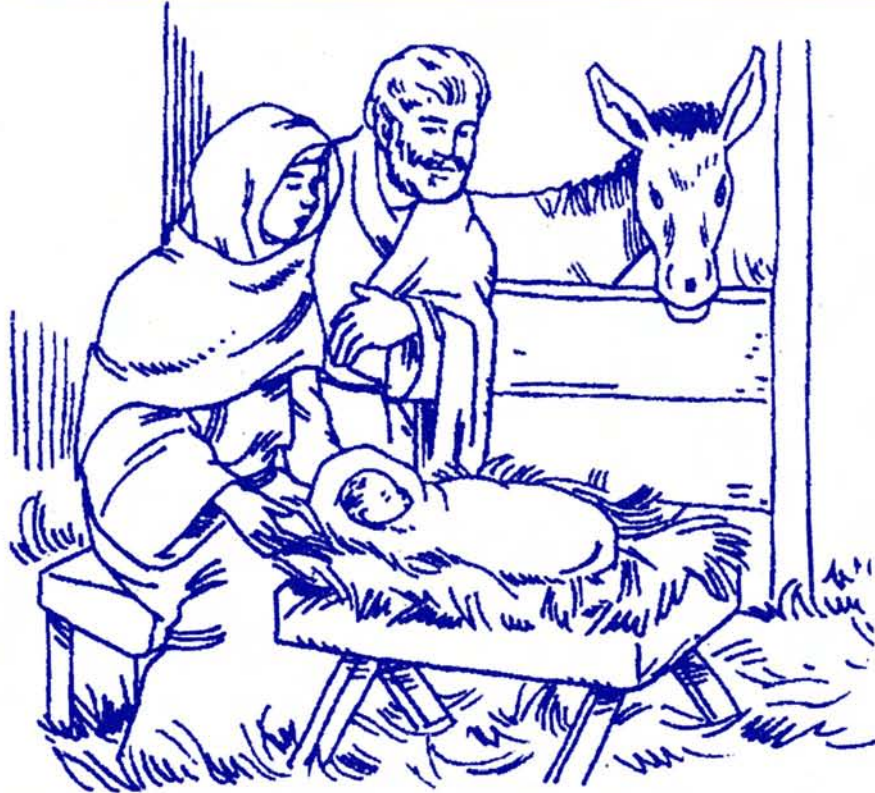
John & Carol DeGuire

### Editor

Carol DeGuire

### Programs

- Emergency & Longer-Term Food Help
- Adopt-A-Family & Giving Tree
- Advocacy
- Affordable Housing
- Circuit Breaker/Earned Income Credit
- Clothing Assistance
- Eldercare
- Energy Assistance
- Heaters-Blankets-Fans-Smoke Detectors
- Homeless Personal Care Kits
- Housing Rehab
- Job Counseling
- Layettees for Newborns
- Legal Referrals and Counseling
- Low-Cost Thrift Stores
- School Supplies/New Shoe Certificates
- Self-Help Center
- Spring Seeds Program
- Voter Registration
- Weatherization
- W.E.L.L. Program



And this will be a sign for you: you will find a baby wrapped in swaddling clothes and lying in a manger.

**Luke 2:12**

For to us a child is born, to us a son is given; and the government shall be upon his shoulder, and his name shall be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace. **Isaiah 9:6**



## Merry Christmas



We wish you and your families a very Blessed Christmas Season

We remember you and your family with special prayer and thanks. The smile on a child's face, the tear in a parent's eye, and the gratitude heard in elderly words, give us renewed gratitude to those who allow us to continue the Mission. Your generous support allows us to be a source of hope for those in need.

May the Baby Jesus dwell with you throughout Christmas and the coming 2016 year!

Blessings,

John & Carol DeGuire



## 6<sup>th</sup> Annual Benefit Christmas Concert *Home for Christmas*

Sunday, December 6<sup>th</sup>, 2015 4:00 pm  
(Note: new start time!)

Lutheran Church of the Resurrection  
9907 Sappington, St. Louis, MO 63128

Admission/Donation – Adult \$25  
Seniors \$20  
Students \$15 Children \$5

Please bring non-perishable food items  
to benefit Feed My People's food pantry.



### You Are Invited Sip, Shop & Socialize



Stop by for Refreshments,  
Holiday Entertainment & Special  
One-Night-Only Promotions at our  
Thrifty Hanger of up to 75% off  
throughout the store. PLUS 50% off  
Yesterday's Treasures... the only  
time they are discounted all year!  
Don't miss our Holiday Decorations  
and Christmas Shop (Lemay facility  
only)!

Thursday, December 10, 2015  
5:00 – 8:00 pm

Tickets \$5 in advance or 5 or more  
canned goods at the door.

For more information, call Roy  
Wunsch at 314-631-4900 ext. 310



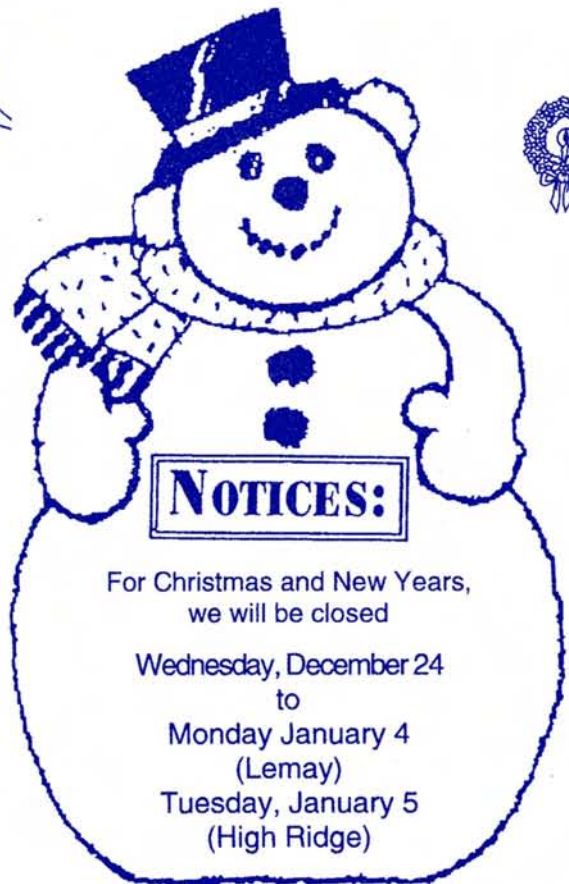
### Heaters and Blankets Needed

If you would like to donate a  
new blanket and/or heater, we would  
be happy to accept these at either  
Feed My People location. It gets  
cold here in St. Louis and we always  
get lots of requests for these. Thank  
you for your help!



### Winter Wonderland

Please support Feed My  
People while enjoying one of the most  
beautiful Christmas Light displays  
around! Come and drive through  
Tilles Park and see this magnificent  
display, where volunteers from Feed  
My People will be working on Tuesday,  
December 8<sup>th</sup>. The park gives us  
\$500 to work the display that evening.  
Come and enjoy!



For Christmas and New Years,  
we will be closed

Wednesday, December 24  
to

Monday January 4  
(Lemay)

Tuesday, January 5  
(High Ridge)

### Manna Messenger by e-mail

If you would like your quarterly  
Manna Messenger Newsletter hot off  
the presses via e-mail, please contact  
Ginny\_Macrum@feed-my-people.com  
This is a great way to help Feed My  
People save on both printing and  
postage!



## Christmas Helpers Needed

It is that time of the year again! We will be in need of a few extra hands to help us with the Christmas season. We have two special client programs in December – the **Giving Tree** where people donate new gifts (clothing and/or toys) to be given out to every person who comes in for help during the latter two weeks before Christmas and the **Adopt-A-Family** program, where a nice basket of food is put together to give out to around 750 of our neediest families.

We are seeking friendly volunteers who will assist in receiving the gifts from our donors and sorting them out into groups (male/female, adult/children, clothing/toys and misc. items). They will also assist the clients when they come in to select a gift for each member of their families (this is a client choice program). We will need help at each office between 9 am and 3 pm starting December 10 and ending December 23 and we are open on Saturdays for a half day and will need help at each office on that day from 9 am until noon. For more information or to help, please contact Mary Hettenhausen for our High Ridge facility at 636 677-9885 or e-mail her at marych1946@gmail.com. For our Lemay facility, please contact Ted West at 314 631-4900, ext. 304 or deartedw@att.net

The Adopt-A-Family program consists of families, groups, etc. making a nice Christmas food basket for one of our families, couples or individuals who we have been helping here at Feed My People (gifts of clothing or toys, etc. can

be included but are not necessary. We do add clothing sizes if a donor wishes to do more for their family. We receive the baskets from the donors one day and give them out the next day. Because of the size of this program, the baskets are received and given out at an off-site location. The Lemay office's location will be at the Maria Center, 336 E. Ripa in Lemay, across from Notre Dame High School, just a few blocks from our office. We will be receiving the baskets at this location on Monday, December 14 and giving them out on Tuesday, December 15, both days from 9 am until 6 pm and people can sign up for half days, 9 am – 1:30 pm or 1:30 pm – 6 pm if not available for the whole day. We will also keep this site open on Wednesday, December 16 from 9 am to 2 pm for clients who were unable to pick up their basket on Tuesday.

The High Ridge office will receive and give out their baskets at the Knight's of Columbus Hall in House Springs on Tuesday and Wednesday, December 15 & 16, also from 9 am – 6 pm both days and those who can only help a half day are welcome (see above). We will provide lunch each day at both sites. See above listed contacts for information and to volunteer.



## Calling All Youth Groups

"Souper" Bowl Sunday is coming up on Sunday, February 7, 2016. That is when youth groups all over the United States gather at their churches, asking people to donate \$1 and/or 1 canned good to help their local food pantry. With over 15,000 youth groups taking part on this last year, these great young people collected over \$10 million in food and cash. For more information and promotional materials and to register your youth group, go to the "The Souper Bowl of Caring" on your computer. And, thanks to all of your great youth for caring about those in need.



## In Loving Memory

We would like to take a moment to remember

**Frank Reinholz Jr.** – September 6, 2015

**Marion Terry** – November 10, 2015

Both were very dedicated volunteers.



Donate now online  
By left -clicking  
button below