

**Feed My People**  
A Christian Interdenominational  
Help Center showing  
God's love and compassion  
for His people in need.

**South County Office**  
171 Kingston Drive  
St. Louis, MO 63125  
(314) 631-4900  
Fax (314) 631-7930

**High Ridge Office**  
3295 Ottomeyer Road  
High Ridge, MO 63049  
(636) 677-9885  
Fax (636) 677-8691

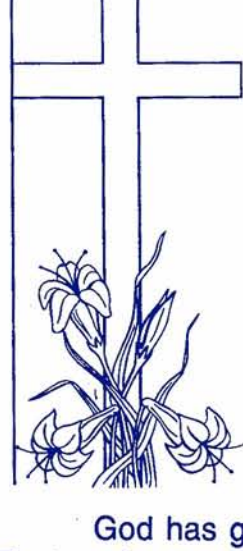
**Web Site**  
www.Feed-My-People.org

**Email**  
fmpHELP@earthlink.net

**Directors**  
John & Carol DeGuire

**Editor**  
Carol DeGuire

- Programs**
- Emergency & Longer-Term Food Help
  - Adopt-A-Family & Giving Tree
  - Advocacy
  - Affordable Housing
  - Circuit Breaker/Earned Income Credit
  - Clothing Assistance
  - Eldercare
  - Energy Assistance
  - Heaters-Blankets-Fans-Smoke Detectors
  - Homeless Personal Care Kits
  - Housing Rehab
  - Job Counseling
  - Layettees for Newborns
  - Legal Referrals and Counseling
  - Low-Cost Thrift Stores
  - School Supplies/New Shoe Certificates
  - Self-Help Center
  - Spring Seeds Program
  - Voter Registration
  - Weatherization
  - W.E.L.L. Program



## Rejoice – He is Risen



God has given us the gift of hope when He Died and Resurrected on Easter. Let us remind ourselves of this great gift and keep a positive outlook on life. We will always be blessed in all things through Him.

The Lord has shared His great love for us by giving His only Son to save us. Let us do our part as well. Spread the love this Easter.

Blessed are the people who experience the presence of Christ in their lives. Live to be a life to others as well.

Easter reminds us how God has been good to us. He gave His own precious son to save us from our sins. Let's return the favor by sharing our blessings to others. **Have a Blessed Easter!**

### Bloggling!

Feed My People is blogging! What's a blog, you ask? A blog is basically a journal that is available on the web. The activity of updating a blog is "blogging" and someone who keeps a blog is a "blogger". Postings on a blog are almost always arranged in chronological order with the most recent additions featured most prominently. Blogs use a conversational style of documentation. Often blogs focus on a particular "area of interest", so the Feed My People blog will focus on subjects pertaining to the poor, hunger, assistance, federal and local programs, etc., to name a few. Here's a sample of the first FMP blog.

*Sandra and John B. and their two children represent typical Feed My People family clients. Because of employee downsizing in an already underpaid job market, they are part of the poverty level population as defined by the National Consensus Bureau. According to the 2010 statistics, 14% of Missouri and 12.6% of Illinois residents fall within poverty levels, up 2% in both states from the 2000 census. As a result, 1 in 8 people in our area are food insecure. To get "the rest of the story" go to our website: [www.feed-my-people.org](http://www.feed-my-people.org) Click on the News tab, then click on Blog.*



### Save the Date and Help us Door-To-Door

The annual National Hunger Awareness Month Door-To-Door Food Collection is almost here. In order for us to stock our food pantries, we need volunteer assistance to go Door-To-Door on Saturday, June 6 and Saturday, June 13. This food collection sustains us through the tough summer months. Bring your friends, neighbors and church members and help us stock our pantry, one door at a time. To volunteer, please contact April Norton-Gunther at 636-212-1615.

### National Hunger Awareness

Bigger and Better, the National Hunger Awareness Day Chef Food Pantry Challenge is returning this year on Sunday, June 14<sup>th</sup> from 5:00 to 7:30 pm, and you will not want to miss all the fun. More chefs, more food, more fun. See the city's top chefs compete for Feed My People Chef of the Year, all while raising much needed funds for Feed My People. For tickets, or more information, contact Roy Wunsch at 314-631-4900 or visit [www.feed-my-people.org](http://www.feed-my-people.org).

### Those who can, do. Those who can do more, volunteer!

*There are two ways of spreading light – to be the candle or the mirror that reflects it.*

Edith Wharton, *Vesalius in Zante*

We, at Feed My People, work to make tomorrow brighter for those we serve, we are reminded of the countless hours of dedicated service, smiles, compassion and love given by the more than 250 regular volunteers that work for our agency.

The many faces behind the scenes are often unknown names of those quietly making it possible for the work we do to continue, and to matter. On any given day, you might see people like Mary Halliburton. Mary is 97 and has continued to make a difference two days a week at our Lemay thrift store, sorting donations, offering kind words, and creating a family environment to the many volunteers she works with.

Millie Horn, is 96 and is celebrating her 27<sup>th</sup> year of working at our Lemay thrift store with no signs of slowing down.

Our High Ridge location is celebrating wonderful volunteers, like Lola Peresin, 94, and Josephine Spring, 89. Affectionately known as the "Bread Ladies", these wonderful women bring joy and warmth to all they do.

We celebrate the diversity of our volunteers, young and old, who go above and beyond making

a difference each and every day. We salute these warriors who share our mission, and join us hand in hand on our journey to be a beacon of hope for those in need.

Erma Bombeck once said, "Volunteers are compassionate, unselfish caring, patient, and just plain loving to one another." We believe we have the cream of the crop in volunteers and we Thank You for all you do.

To volunteer call Mary Hettenhausen or Ann Mantler at High Ridge (636) 677-9885, Ted West at Lemay (314) 631-4900, or email at [fmpHELP@earthlink.net](mailto:fmpHELP@earthlink.net)

### Girl Scouts Personal Care Drive

On Saturday, April 18<sup>th</sup>, 2015, the Girl Scout Council of Greater St. Louis will be going door to door to distribute bags to collect personal care items, pick up Saturday, April 25 which will also benefit Feed My People. This collection provides us with the majority of personal care items we are able to give out to the poor year round. Bags will be left the week prior to be filled. Examples of items needed: shampoo, toilet paper, diapers, toothpaste, lotions, hand soap, etc. Please support the Scouts in their commendable efforts, benefitting the community greatly.



### Spring Seeds

Feed My People will be giving out vegetable and flower seeds this Spring. This program helps our clients grow some of their own food as well as adding beauty to their lives with flowers. More seeds, especially tomato seeds are always needed. We only ask that the seeds are fresh, dated 2014 – 2015, so the results will be outstanding. Please mail to or drop off at either office. Thank you!

### Job Counselor Needed

Feed My People is looking for a volunteer Job Counselor. Are you an experienced job counselor who is recently retired, working part time or have extra time on your hands? We would like to talk to you. Feed My People, one of the area's largest and longest serving food pantry and help centers, has an immediate opening for a qualified volunteer job counselor. Help others help themselves and feel the rewards of making a difference in the life of someone in need.

For more information, contact Ted West at Feed My People. [DearTedW@att.net](mailto:DearTedW@att.net) or 314-631-4900.



### Shop Longer Hours at Lemay Thrifty Hanger

We are expanding our Thrifty Hanger hours at our Lemay location and with this comes the need for volunteers. Our success depends on the extraordinary talents of the men and women who serve as volunteers.

We are in need of cashiers for our registers from 3-7 pm, Monday – Friday, and from 1-4 pm on Saturday. If you are interested in this wonderful service opportunity, and making a difference in the lives of others, then Feed My People is for you. Please contact Ted West at 314-631-4900 for more information on volunteering at our Thrifty Hanger Thrift Store in Lemay.

*I've seen and met angels wearing the disguise of ordinary people living ordinary lives.*

Tracy Chapman

### Manna Messenger Via E-Mail?

If you're interested in getting the Manna Messenger by email, it will help us save postage and printing costs. Send your email address to [ginny\\_macrum@feed-my-people.com](mailto:ginny_macrum@feed-my-people.com). Thank you to everyone who has responded so far!



### Take Me Out To The Ballgame!!!

Feed My People will have a special day at the Ball Park, on Sunday, July 19<sup>th</sup> for an afternoon game against the New York Mets. Special pricing for tickets will be \$25.00 (face value of tickets is \$45.00) and this special price of \$25.00 will include a bonus of a voucher for a free hot dog and soda, so this is a real deal and you can bring the whole family!!! Tickets will be available after April 1st. To purchase tickets, please send in your check made out to Feed My People, 171 Kingston, St. Louis, MO 63125 with attn: Ballgame, and include your name and address, phone and email, and how many you would like to purchase and we will mail them back to you, or you can pick them up at the Lemay Office Monday – Friday between 10 am and 3 pm, or Saturday between 10 am and noon. It will be a fun day for all!!! Thank you!

### Notice

Feed My People will be closed:

- April 3rd – Good Friday
- April 4th – Holy Saturday
- April 6th – Easter Monday

Donate now online by left -clicking button below